

Job Description

CT1-3 in Rehabilitation Psychiatry

Clinical Supervisor: Dr Sheraz Ahmad

Locality: City & Hackney

Main Base:

Team / Service: City & Hackney Community
Rehabilitation Team

Address / Contact details: Primrose Resource Centre, 23
Primrose Square, Hackney, London E9 7TS

Last updated: September 2020

The post and the service

This is a fantastic opportunity to learn about rehabilitation psychiatry with a community team. The trainee is involved in the care of community patients with current team case load at approximately 80, involvement with a further 100+ people on case management (for placement review), experience with clozapine clinic and liaison with rehab patients admitted to the acute wards at Homerton Hospital. The trainee will carry out assessments and formulate advice to other teams, carry out CPAs and manage urgent work within the team as it comes up.

The multidisciplinary community team comprises nurses, occupational therapists, social workers and support workers as well as admin.

The service is based at a large and well equipped unit near Victoria Park where office space, parking and IT support is provided.

There is also the unique opportunity to look at management issues in the context of high cost placements of patients with chronic complex needs with opportunities to shadow senior colleagues and prepare audits or research.

Other opportunities are available in this post: teaching and training, medical students, research, service development, co-production and service user involvement, management experience, housing panel.

Professional relationships

The senior team consists of: Consultant (x2 half time), Specialty Doctor (1), ST4-6 (1) Service Manager (1), Senior Practitioner (2)

Induction

At the beginning of the placement you will take part in an induction programme. Induction will introduce you to the organisation if you have not worked at the Trust before. You will also be introduced to the workplace and informed of the requirements of the post, including the nature of your on call commitment. You also will have an educational induction with your trainer that will help you write your individual learning plan for the placement.

Clinical Supervision

A regular supervision slot is provided weekly by Dr Ahmad, as well as additional supervision from other consultant and specialty doctor. The trainee in this post will take part in the City and Hackney on-call rota, where support is provided by a higher trainee and consultant on-call.

Brief description / profile of Clinical Supervisor

Dr Sheraz Ahmad has been a consultant in rehabilitation psychiatry for 10 years and is currently clinical director for City & Hackney and the TPD for the higher training rotation.

CT1-3 Timetable

This is an example with special interest and non fixed sessions negotiable on commencing post.

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	CPAs	Housing Panel (ad hoc) Admin	Placement Reviews	Team meetings	Psychotherapy case Urgent work
PM	CPAs	Urgent work MHA work Supervision	Academic Programme	MRCPsych Teaching	CPAs Admin

Clinical Supervisor Timetable

This is an example with special interest and non fixed sessions negotiable on commencing post.

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Sexual Problems Clinic	Housing Panel/ Management Meetings	Management Meetings	Team Meetings	Placement Reviews (ad hoc)
PM	Sexual Problems Clinic	Management Meetings CT Supervision	Management Meetings Academic Programme	CPAs Assessments	Management Meetings Admin

Timetable **must** include a slot for clinical supervision for both trainee and trainer