

# Job Description

CT2-3 in Child & Adolescent Psychiatry

Clinical Supervisor: Kirsten Mitchell

Locality: City & Hackney

Main Base: Homerton Row

Team / Service: City and Hackney Specialist CAMHS

Address / Contact details:

15 Homerton Row

London E9 6RD

020232225600

Last updated: October 2020



## **Introduction & Summary**

This job description is for a core training post in Child and Adolescent Psychiatry, working City & Hackney CAMHS at 15 Homerton Row

The post holder will spend 6 months in this post, under the Clinical Supervision of Dr Mitchell but also providing some clinical support to other clinicians in the Emotional and Behaviour Team

The post-holder will gain experience in working with children, young people and families, crisis assessments in young people, specialist neurodevelopmental assessments,

There are other opportunities: undertake a CBT short case, teaching and training, supporting FY1/FY2 trainee, research, special interest, audit and quality improvement.

## **Brief description / profile of Clinical Supervisor**

Dr Kirsten Mitchell is a Consultant Child & Adolescent Psychiatrist in the Emotional and Behavioural Team and the Paediatric Liaison Team.

## **The team (including staffing) / service description**

The team members come from multiple disciplines with individual expertise. The team consists of: 5 Consultant Psychiatrists, 2 ST's, 2 CT's, and FY 2 and FY1 doctors. There are also clinical psychologists, psychotherapists, family therapists, Specialist nurses and a nurse prescriber and specialist mental health clinicians (including social workers and an OT)

## **Role of the Core Trainee (1-3) / Main Duties and Responsibilities**

The post-holder will provide a clinical psychiatric service, including completing initial assessments on Young people and families in the assessment clinic, crisis assessments of young people as part of the duty and triage rota, contribute to specialist neurodevelopmental assessments and have a small shared case load of young people requiring medication review. Clear clinical documentation of assessments, risk assessment and communication with other agencies is expected. The trainee will learn about mental health law as applied to children and young people, including use of MHA, MCA, Gillick Competence and The Children Act.

## **Any other specific characteristics of this job**

There will be opportunities to work alongside a range of therapists, attend family therapy clinics and attend multiagency meetings with social care and education. There are opportunities for audit and QI and there is a monthly whole service meeting with an education focus.

### CT1-3 Timetable

This is an example with special interest and non fixed sessions negotiable on commencing post.

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Duty rota	Clinical work	Pathway meeting Whole Service meeting (monthly)	Referral meeting  Clinical Work	Assessment clinic
PM	Duty rota	MRCPsych Teaching	Academic Programme	Clinical work/CBT or Psychotherapy Case	Assessment clinic

### Clinical Supervisor Timetable

This is an example with special interest and non fixed sessions negotiable on commencing post.

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	PLT clinic	Management meetings/E&B Clinical work	E&B Pathway meeting/Whole Service Meeting	Referrals Meeting  CT supervision	On Call Cover  Assessment Clinic
PM	PLT MDT and clinic	E&B Clinical work	SPA	SPA	Assessment clinic and MDT discusion