

# Job Description

CT1-3 in Forensic Psychiatry

Clinical Supervisor: Dr Gerard Waldron

Locality: The John Howard Centre

Main Base: The John Howard Centre

Team / Service: Limehouse Ward

Address / Contact details:

The John Howard Centre, 12 Kenworthy Road, Hackney,  
London E9 5TD

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Last updated: 20/06/2019

## **Introduction & Summary**

This job description is for a Core Training post in Forensic Psychiatry, working at the John Howard Centre.

The post holder will spend between 6 and 12 months working under the Clinical Supervision of Dr Gerard Waldron.

They will gain experience in working on Limehouse Ward, a 16 bed Forensic Rehabilitation Focused Medium Secure Ward (Established Treatment Ward), assessing and treating patients within a multidisciplinary team with a focus on consolidating treatment and rehabilitation following a patient's stay on one of our acute admission wards.

There is the opportunity to develop a range of core training knowledge in assessment, diagnosis and management of mental disorders, working within a multidisciplinary team. The patient group are complex with high levels of diagnostic comorbidity and treatment refractory conditions.

The CT post holder will have opportunities to observe assessments in prisons and other secure hospitals, the management of personality disordered offenders in a long stay prison (HMNP Swaleside), attend and develop case formulation and report writing skills. The CT post holder will have the opportunity to develop teaching and training experience (with medical students linked and good links with undergraduate teaching programs). Trainees participate in a Balint Group, are encouraged to join QI and/or research projects, give academic case presentations and participate in critical review.

There are opportunities to take on psychological treatment cases and in supervised group therapy roles (such as mental health awareness groups). CT post holders are encouraged to contribute to the monthly team Clinical Improvement Meetings and assist in topic based multidisciplinary teaching.

## **Brief description / profile of Clinical Supervisor**

Dr Gerard Waldron is a Consultant Forensic Psychiatrist who has led this established treatment ward since 2014. He has worked as a Community Forensic Psychiatrist and has experience in medium secure intensive care, acute and rehabilitation settings. I have experience of working in High Security hospital and in a range of prison settings with female, male and adolescent offenders.

He works in a specialist treatment service for personality disordered offenders at HMP Swaleside, which is part of the high secure and long stay prison estate. This is part of the Offender Personality Disorder (OPD) Pathway. The treatment service is a Psychologically Informed Planned Environment (PIPE).

## **The team (including staffing) / service description**

The team consists of: RC, Modern Matron, Clinical Nurse Manager, nursing staff and social therapists, CT 1-3 & ST 3-6, clinical psychologist, occupational therapist and is linked to specialist therapists (Art, Drama and family therapy and the substance misuse team). There is secretarial administrative support.

## **Role of the Core Trainee (1-3) / Main Duties and Responsibilities**

The Core Trainee will provide medical care to 16 male inpatients on Limehouse Ward and provide cross-cover for colleagues on annual/study leave.

The post-holder will provide a clinical psychiatric service, including assessing patients, routine mental state examinations, physical care, ordering physical examinations, prepare CPA and admission & discharge summaries, attending morning handover meetings, MDT meetings, seclusion reviews and providing cross cover ('duty doctor').

The CT post is linked to the Newham Centre for Mental Health and contribute to the out of hours 1<sup>st</sup> on call rota.

## Any other specific characteristics of this job

Working with patients with challenging behaviours and / or prison transfers charged with serious offences or behaviourally disturbed.

Opportunity to observe prison assessments, attend court and visit high secure hospitals and other forensic hospitals. There is an opportunity for audit, QI projects, drug and alcohol training, HCR-20:V3 training and weekly academic meeting and journal club.

## CT1-3 Timetable

This is an example timetable. Psychotherapy and non-fixed sessions negotiable on commencing post.

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Ward handover (9.30-10) Ward Community Meeting (10-11) Ward Clinical Improvement Group (first Monday of each month, 11-12.30)	Limehouse Ward Multidisciplinary Ward Round with Dr Waldron (9.45-12.15)	Ward handover (9.30-10) Clinical work	Business planning meeting (10-11.30) Clinical work	Ward handover, 9.30-10 Clinical work Supervision (11-12)
PM	Clinical work	Forensic Service referral meeting & bed management meeting with lunch 1315-1400 CPA meetings and Risk review meetings (14.15-16.30)	Local academic program with lunch 1-3pm & medico- legal club 3-4pm monthly (JHC or Wolfson House) or Barts trust wide academic meeting 2-5pm 1 <sup>st</sup> week of month	MRCPPsych Teaching program (for those eligible)	Clinical work

## Clinical Supervisor Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Ward handover 9.30-10 Ward Community Meeting (10-11) Ward Clinical Improvement Group (first Monday of each month, 11-12.30)	Limehouse Ward Multidisciplinary Ward Round with Dr Waldron	HMP Swaleside	Business planning meeting (10-11.30) Clinical work	Ward handover, 9.30-10 Clinical work Supervision (1100-1200)
PM	Clinical work	Referral meeting & bed management meeting with lunch 1315-1400 14.15-16.30 CPA meetings and Risk review meetings	HMP Swaleside	Clinical work/assessments and admin	Clinical work/admin

**Chair:** Marie Gabriel

**Chief Executive:** Dr Navina Evans