

Job Description

CT in Forensic Psychiatry

Clinical Supervisor: Dr Sumi Ratnam or Dr Paula Murphy

Locality: John Howard Centre

Main Base: John Howard Centre

Team / Service: Women's Forensic Services

Address / Contact details:
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Introduction & Summary

This job description is for a core training post in Forensic Psychiatry, working at the John Howard Centre

The post holder will spend six months in this post, under the Clinical Supervision of Dr Sumi Ratnam or Dr Paula Murphy.

Brief description / profile of Clinical Supervisor

Dr Sumi Ratnam is a consultant forensic psychiatrist and has worked in the field of female forensic psychiatry for 15 years. She has a special interest in perinatal psychiatry and undertakes liaison sessions with local perinatal services.

Dr Paula Murphy is a consultant forensic psychiatrist and has worked in the field of female forensic psychiatry for 8 years.

The team (including staffing) / service description

The team members come from multiple disciplines with individual expertise. The team consists of:

Nursing staff, a psychologist, an OT and a social worker.

1 Duties and opportunities

The post of CT3 Doctor is in the forensic service based at the John Howard Centre in Hackney East London, which is part of the forensic directorate of the East London NHS Foundation Trust. The post holder will work in the female medium secure sub-service, as part of the Bow ward based Forensic team led by Dr Sumi Ratnam, Consultant Forensic Psychiatrist, and Dr Paula Murphy, Consultant Forensic Psychiatrist, one of whom you will have regular supervision with.

2 THE POST

2.1 Title: CT3- Forensic Psychiatry

The full time speciality doctor will be based in the female medium secure forensic service, at the John Howard Centre, Hackney, London and be under the supervision of Dr Ratnam or Dr Murphy.

The post holder will have responsibility primarily for the continuing psychiatric and medical care of inpatients on Bow ward. There are 15 patients on Bow ward at a medium level of security in the John Howard Centre.

The post holder will assist Dr Ratnam and Dr Murphy and the multidisciplinary team colleagues in providing a forensic psychiatric service on this ward, for instance through liaison with community services and assisting in carrying out assessments.

Full registration with the General Medical Council is a requirement for appointment to the position.

2.2 Base:

John Howard Centre, 12 Kenworthy Road, London E9 5TD.

2.3 Salary:

In accordance with NHS rates for whole-time CT grades. This is a 40 hour, 10-session post routinely covering Monday to Friday 9am until 5pm. The service may vary the

working hours in the future in line with commissioning requirements and service user needs.

2.4 On-Call:

The Post Holder has the opportunity to participate in the Tower Hamlets Centre for Mental Health (THCfMH) & The Royal London Hospital General Psychiatry On-Call Rota – Full Shift System, junior doctors supervised by the Consultant Psychiatrist On-Call for (THCfMH) and assisted by A&E Psychiatric Liaison Nurse.

Relevant on-call rota shifts are:

0900 – 1300 (weekends only)
1300 – 1700 (weekends only)

1700 – 2100
2100 - 0930

The sub-consultant ward linked doctors, working in the forensic service, are expected to provide cross- cover for one another Monday to Friday during the hours of 09.00 – 17.00 hours (the junior doctors are grouped in trios – to try and ensure that at least one trainee is always around).

2.5 Education and Training

There is an in-house multidisciplinary training programme at the John Howard Centre for all staff, including a weekly Journal Club, weekly clinical case presentations, a Balint group and training for the CASC element of MRCPsych.

Additional academic programmes occur on a Trust-wide level at St. Bartholomew's Hospital.

The Trust has a programme of mandatory and statutory training.

CT 1-3s are encouraged to learn about forensic psychiatry in its wider context- there will be the opportunity to visit prison, attend court and visit a high secure hospital, such as Broadmoor Hospital.

Opportunities for external training, as well as attendance at relevant conferences and service development meetings, will also be available, with funding through the post graduate medical department.

2.6 Research

The post holder will be encouraged to undertake research of relevance to forensic psychiatry.

2.7 Duties:

The duties of the post, performance criteria and the learning opportunities available are set out following the structure of the Psychiatry Specialty Curriculum as approved by the GMC 2013, based on the headings of the GMC's Good Medical Practice.

a. Providing a good standard of practice and care

- **UNDERTAKE CLINICAL ASSESSMENT OF PATIENTS WITH MENTAL HEALTH PROBLEMS**

You will gain experience of assessing, formulating and managing patients under the supervision of your consultant supervisor. You will ensure timely discharge letters are sent to the appropriate professionals (e.g. GP). You will ensure that all patients under your care are fully assessed and that paperwork is completed in accordance with the service protocols. You will maintain accurate, legible, contemporaneous and useful clinical records for all patients in whose care you are involved. For patients on medication, regular mental state examinations should be conducted and any changes in medication and side effects documented in the RIO progress notes and communicated to the referrer and GP. All blood tests and results of investigations as well as physical health monitoring should be clearly documented in the relevant section of the notes.

Training in communication and interview skills as appropriate to the practice of psychiatry is available and will be tailored to the needs of the post holder.

b. Decisions about access to care

- **USE THE RESULTS OF THE CLINICAL ASSESSMENT TO ENSURE EFFECTIVE PATIENT MANAGEMENT**

Under the supervision of a clinical supervisor, you will prescribe pharmacological and psychosocial treatments for the patients that you are working with. You will refer them promptly to other professionals as directed by your clinical supervisors.

c. Treatment in emergencies

- **MANAGE EMERGENCIES**

You will see patients who require urgent psychiatric assessment both as part of your work within the team, and when you are on-call.

d. Maintaining good medical practice

- **MAINTAIN AND USE SYSTEMS TO UPDATE KNOWLEDGE AND ITS APPLICATION TO ANY ASPECT OF YOUR PROFESSIONAL PRACTICE**

During the placement you will follow the Psychiatry Specialty Curriculum and maintain an up-to-date learning portfolio that you will bring to meetings with the trainer when asked to do so. As a minimum, this will be at the beginning, mid-term and the end of the placement.

You will be encouraged to participate in case presentations in the context of local academic afternoons and as part of the MDT working.

e. Maintaining performance

- **MONITOR AND MAINTAIN PROFESSIONAL PERFORMANCE**

You will participate fully in the workplace-based assessment programme of the Psychiatry Specialty Training Curriculum and will use the feedback that you receive from this process to inform your critical self-awareness. You will discuss items of assessment with your trainer. Quality improvement and audit projects can be undertaken during the six months under the direction of your trainer.

f. Teaching and training, appraising and assessing

- **PLAN, DELIVER, AND EVALUATE TEACHING AND LEARNING IN A VARIETY OF ENVIRONMENTS**

You will participate in the teaching of medical students attached to the service. This will include assisting the 'bedside' teaching of junior and senior students by helping identify and consent suitable patients for the students to see and by helping the students develop their clinical skills by giving them opportunities to present and discuss the patients they have seen. You may also have the opportunity to be involved in small group teaching and lecturing to clinical medical students under the supervision of senior colleagues.

- **ASSESS, APPRAISE AND EVALUATE LEARNING AND LEARNERS**

You will evaluate your own learning and progress, using self-assessment forms that you may retain in your learning portfolio. You will participate in the assessment of others, including clinical medical students and colleagues using multi-source feedback tools.

g. Relationships with patients

- **Conduct professional patient relationships**

Whenever possible, you will obtain informed consent from patients for whom you provide treatment. You will observe patient confidentiality at all times. When guided by your clinical supervisors, you should share information appropriately with colleagues. Whenever possible, and especially towards the end of the placement, you will inform your patients of the ending of your relationship with them in a timely manner.

h. Dealing with problems in professional practice

- **CONDUCT OR PERFORMANCE OF COLLEAGUES**

If you become aware of problems with the conduct or performance of a colleague, you must bring this to the attention of a senior colleague.

- **COMPLAINTS AND FORMAL INQUIRIES**

You must always cooperate fully with any complaints procedure or formal inquiry.

- **PROVIDING ASSISTANCE AT INQUIRIES AND INQUESTS**

You must always cooperate fully with any formal inquiry or inquest into a patient's death.

- **INDEMNITY INSURANCE**

You must ensure your NHS indemnity insurance is up to date.

i. Working with colleagues

- **CONTINUOUSLY PROMOTE VALUE BASED NON PREJUDICIAL PRACTICE**

You must maintain a legal, ethical and fair approach toward working with colleagues and respect diversity.

- **WORK EFFECTIVELY AS A MEMBER AND A LEADER OF MULTIDISCIPLINARY TEAM**

- **DEMONSTRATE APPROPRIATE LEADERSHIP**

During this placement you will be a full member of the multi-disciplinary team (MDT) and will attend its weekly ward round and/or equivalent community team meetings. You will discuss your experience of the MDT in meetings with your trainer.

- **COMMUNICATE EFFECTIVELY WITH OTHER HEALTHCARE PROFESSIONALS**

You will keep clear, accurate and contemporaneous clinical records. You will send discharge letters to general practitioners and other professionals involved in patient care in a timely manner.

- **APPROPRIATELY ASSUME, DELEGATE AND DEVOLVE RESPONSIBILITY**
- **ACCESS ADVICE, ASSISTANCE AND SECOND OPINION WHEN DELEGATING AND MAKING REFERRALS**

Your trainer and clinical supervisors will give you guidance as to the level of responsibility you should assume in individual clinical situations. If you are unsure, you must always obtain advice and assistance.

j. Maintaining probity

- **ENSURE THAT REPORTS, EVIDENCE AND DOCUMENTS YOU HAVE A RESPONSIBILITY FOR ARE COMPLETE, HONEST AND ACCURATE**

Your written reports will use the standard report format. Until instructed otherwise, all reports that you write must be checked by one of your clinical supervisors before being sent out. You will not provide any other written reports about patients, unless this has been sanctioned by your clinical supervisor.

- **PROPERLY MANAGE FINANCIAL AND COMMERCIAL DEALINGS**

You must report receiving any gift from patients with your trainer and you must not solicit any fee or payment from a patient or third party unless your trainer has sanctioned this. You will not meet with any representatives of the pharmaceutical industry during work time, unless this is at a postgraduate meeting that has been organised within ABPI Guidelines.

- **AVOID CONFLICTS OF INTEREST AND ADVISE OTHERS ON PREVENTING AND DEALING WITH CONFLICTS OF INTEREST**

Inform your trainer of any real or potential conflict of interest you may have.

k. Health

- **ENSURE THAT YOUR HEALTH AND THE HEALTH OF OTHERS DOES NOT PUT PATIENTS AT RISK**

You must always obtain advice and treatment for mental and physical health problems and must ensure that your health does not put patients at risk. You must comply with the Trust's occupational health policy.

Any other specific characteristics of this job

You will have the opportunity to participate in assessments and visit other secure settings, as well as attend court if the opportunity arises. There is the opportunity to attend perinatal liaison meetings at ELFT and NELFT.

CT1-3 Timetable

The indicative timetable for this post is as follows and may vary according to service needs:

	Monday	Tuesday	Wednesday	Thursday	Friday
Am	9.15-9.30- Handover 11.00- 12.00pm community meeting	Ward Round (fortnightly with Dr Ratnam) CPA and risk assessment meetings or ward work	Ward work or Clinical Improvement Group (monthly) or reflective practice Supervision if with Dr Ratnam Reflective practice (monthly)	Ward Round (fortnightly with Dr Murphy) CPA and risk assessment meetings or ward work	Ward Work / Admin Supervision if with Dr Murphy
Pm	Ward work/admin	Ward work/admin	JHC (weekly) & Trust (monthly) Academic Programme	MRCPsych Training and/or Psychotherapy case	Ward Work/Admin