

Job Description

CT1-3 in Forensic Psychiatry

Clinical Supervisor: Dr Helen Youngman

Locality: Forensic

Main Base: John Howard Centre

Team / Service: Victoria Ward

Address / Contact details:

John Howard Centre,
12 Kenworthy Rd,
London, E9 5TD.

Last updated: 22/09/20

Introduction & Summary

This job description is for a core training post in forensic psychiatry, working at the John Howard Centre.

The post holder will spend six months in this post, under the Clinical Supervision of Dr Youngman.

The post-holder will gain experience in

- Assessment of referrals to medium security, under supervision
- Transfer assessments and summaries for patients stepping down to rehab from acute wards
- Day-to-day management of in-patients, including regular mental state examinations, reviews of prescribed medication, initiation of investigations
- Maintenance of comprehensive records
- Attendance at ward rounds and CPA Review Meetings
- Writing reports for CPA Review Meetings, Managers' Hearings, Mental Health Review Tribunals, the Ministry of Justice and the Parole Board
- Contribution to risk assessments
- Participation in the delivery of the therapy programme
- Liaison with the GP service and joint management of physical health problems

The postholder will participate the in-house multidisciplinary training programme at the John Howard Centre for all staff, including a weekly Journal Club, twice-monthly clinical case presentations, a monthly academic presentation, a Balint group and training for the CASC element of MRCPsych.

Undergraduates and postgraduates of different disciplines are often attached to the team, offering opportunities for formal and informal teaching.

CT 1-3s are encouraged to learn about forensic psychiatry in its wider context- there will be the opportunity to visit prison, attend court and visit a high secure hospital, such as Broadmoor Hospital.

Brief description / profile of Clinical Supervisor

Dr Helen Youngman is a Consultant Forensic Psychiatrist who has led this established treatment ward since November 2019. She has experience in working in the community, in low security, high security and prison settings. She has a particular interest in the assessment and management of individuals with unhealthy sexual behaviours and am involved in the Sexual Safety service at the John Howard Centre as well as the national POMH-UK audit on the use of antilubidinal medication.

The team (including staffing) / service description

The team consists of: RC, Modern Matron, Clinical Nurse Manager, nursing staff and social therapists, CT 2-3 & ST 4-6, clinical psychologist, occupational therapist and is linked to specialist therapists (Art, Drama and family therapy and the substance misuse team). There is secretarial administrative support.

Dr Youngman works four days per week (Tuesday – Thursday) but there is an allocated consultant for cover on a Monday.

Role of the Core Trainee (1-3) / Main Duties and Responsibilities

1. The Core Trainee will provide medical care to approximately 17 male medium secure inpatients on Victoria ward, under Dr Youngman's team.
2. Depending on experience and skills, the CT will assist Dr Youngman in providing a forensic psychiatric service based on Victoria ward, for instance through assessment of referrals and transfers under Consultant Supervision.

CT1-3 Timetable

This is an example with special interest and non fixed sessions negotiable on commencing post.

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Ward Safety Huddle 9:30-10:00	Ward Safety Huddle 9:30-10:00 Victoria Ward Multidisciplinary Ward Round with Dr Youngman 10:00-13:00	Ward Safety Huddle 9:30-10:00 Ward Patient Risk review and CPA MDT Meeting 10:00-12:00 Monthly Team away day	Ward Safety Huddle 9:30-10:00 CIG 3 rd Thursday of every month Ward work	Ward Safety Huddle 9:30-10:00 Supervision with Dr Youngman 11-12
PM	Ward work	Forensic Service referral meeting & bed management meeting with lunch 13:15-14:00 Ward work/admin	Barts trust wide academic meeting 2-5pm 1 st week of month or Local academic program with lunch 12-3 pm & medico-legal club 3-4pm monthly (JHC or Wolfson House)	MRCPPsych Training and/or Psychotherapy case	Ward Community meeting 1400-1500

Clinical Supervisor Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Non working day	Ward Safety Huddle 9:30-10:00 Victoria Ward Round	Ward Safety Huddle 9:30-10:00 Ward Patient Risk review and CPA MDT Meeting Monthly Team away day	Ward Safety Huddle 9:30-10:00 Monthly Clinical improvement group	Ward Safety Huddle 9:30-10:00 CT Supervision 10:00-11:00
PM	Non working day	Referrals and clinical admin	Academic meeting Monthly Consultant meeting	CPD/QI/Clinical work/supervision	Ward Work & Community Meeting (14:00-15:00)

Chair: Marie Gabriel

Chief Executive: Dr Navina Evans