

# Job Description

CT1-3 in Forensic Psychiatry

Clinical Supervisor: Dr John McAnallen

Locality: The John Howard Centre

Main Base: The John Howard Centre

Team / Service: Ludgate Ward

Address / Contact details:

The John Howard Centre, 12 Kenworthy Road, Hackney,  
London E9 5TD

0208 510 2002

Last updated: 26/7/2018

## **Introduction & Summary**

This job description is for a Core Training post in Forensic Psychiatry, working at the John Howard Centre.

The post holder will spend between 6 and 12 months working under the Clinical Supervision of Dr John McAnallen.

They will gain experience in working on Ludgate Ward, a 17 bed Forensic Acute Medium Secure Ward, assessing and treating patient's within a multidisciplinary team with a focus on initial assessment and stabilisation following admission to the Forensic Directorate and with a minority of patients requiring longer term acute level care to manage challenging behaviour.

There is the opportunity to develop a range of core training knowledge in assessment, diagnosis and management of mental disorders, working within a multidisciplinary team. The patient group are complex with high levels of diagnostic comorbidity and treatment refractory conditions.

The CT post holder will have opportunities to observe assessments in prisons, other secure hospitals, attend and develop case formulation and report writing skills and where appropriate to the CT level of experience potentially to develop experience in giving oral evidence under supervision. The CT post holder will have the opportunity to develop teaching and training experience (with medical students linked and good links with undergraduate teaching programs). Trainees participate in Balint Group, are encouraged to join QI and/or research projects, give academic case presentations and participate in critical review.

There are opportunities to take on psychological treatment cases and in supervised group therapy roles (such as mental health awareness groups). CT post holders are encouraged to contribute to the monthly team Clinical Improvement Meetings and assist in topic based multidisciplinary teaching.

## **Brief description / profile of Clinical Supervisor**

Dr John McAnallen is a Consultant Forensic Psychiatrist who has led this acute ward since 2014. I have worked as a Community Forensic Psychiatrist and have experience in medium secure intensive care, acute and rehabilitation settings. I have experience of working in High Security hospital and in a range of prison settings with female, male and adolescent offenders.

I am the lead Educational Supervisor for Forensic Higher training at the John Howard Centre.

## **The team (including staffing) / service description**

The team consists of: RC, Modern Matron, Clinical Nurse Manager, nursing staff and social therapists, CT 1-3 & ST 3-6, clinical psychologist, occupational therapist and is linked to specialist therapists (Art, Drama and family therapy and the substance misuse team). There is secretarial administrative support.

## **Role of the Core Trainee (1-3) / Main Duties and Responsibilities**

The Core Trainee will provide medical care to 17 male inpatients on Ludgate Ward and provide cross-cover for colleagues on annual / study leave.

The post-holder will provide a clinical psychiatric service, including assessing new admissions, routine mental state examinations, physical care, ordering physical examinations, prepare CPA and admission & discharge summaries, attending morning safety huddles, MDT meetings, seclusion reviews and providing cross cover ('duty doctor').

The CT post is linked to the Newham Centre for Mental Health and contribute to the out of hours 1<sup>st</sup> on call rota.

## **Any other specific characteristics of this job**

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Working with patients with challenging behaviours and / or prison transfers charged with serious offences or behaviourally disturbed.

Opportunity to observe prison assessments, attend court and visit high secure hospitals and other forensic hospitals. There is an opportunity for audit, QI projects, drug and alcohol training, HCR-20:V3 training and weekly academic meeting and journal club. 4<sup>th</sup> year medical student group placements are hosted for 6 week periods offering the opportunity for the post holder to develop teaching experience.

### CT1-3 Timetable

This is an example with psychotherapy and non fixed sessions negotiable on commencing post.

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Ward MDT handover 900-930  Supervision (1100-1200)	Ludgate Ward Multidisciplinary Ward Round with Dr McAnallen	Ward handover  Ward Patient Risk review and CPA MDT Meeting	Ward handover  Clinical work  Monthly Team away day and Clinical improvement group (900-1300)	Ward handover  Clinical work
PM	Clinical work  Ward Community Meeting (1430-1530)	Forensic Service referral meeting & bed management meeting with lunch 1315-1400  4 <sup>th</sup> Year Medical student teaching	Local academic program with lunch 12-3 pm & medico-legal club 3-4pm monthly (JHC or Wolfson House) or Barts trust wide academic meeting 2-5pm 1 <sup>st</sup> week of month	MRCPPsych Teaching program	Ward handover  Clinical work

### Clinical Supervisor Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Ludgate Ward MDT Handover 900-930 CT Supervision 11-1200 ST Supervision 12-1300	Ludgate Ward Multidisciplinary Ward Round with Dr McAnallen	Ward handover  Patient Risk review and CPA MDT Meeting 10-12	Ward handover  Monthly Team away day and Clinical improvement group	Ward handover  Clinical work
PM	Ward Work & Community Meeting (1430-1530)	Forensic Service referral meeting & bed management meeting with lunch 1315-1400  4 <sup>th</sup> Year Medical student teaching	Local academic program with lunch 12-3 pm & medico-legal club 3-4pm monthly (JHC or Wolfson House) or Barts academic	Clinical work/External assessments	Educational supervision & related meetings

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			meeting 2-5pm 1 <sup>st</sup> week of month Monthly Consultant meeting		Clinical work
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