Carers Eating Disorder Association (CEDA)



We can help if you have a loved one with an eating disorder

The CEDA Support Group offers you:

- Support from people who really understand
- An opportunity to be listened to
- A chance to share information and tips
- Regular guest speakers from eating disorder experts

New members always welcome. We ask for a contribution of £2.50 to cover refreshments.



Meet up with other carers in similar situations for friendly, informal and pro-recovery support.

The first Friday of every month 10.30am - 12.30pm and the third Tuesday 5pm - 7pm at The Disability Resource Centre



Visit: www.drcbeds.org.uk/ceda Email: cedaluton@gmail.com

Call: 01582 470900

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