

DIALOG+ Adherence Scale

The DIALOG+ Adherence Scale is composed of 19 items (20 if a video recording is available) and has been developed in order to test adherence to the DIALOG+ manual. Most items assess clinician behaviours specific to the administration of the DIALOG+ procedure (e.g. selection of areas for further discussion, the 4-step approach). Please place the score for each item in the coloured boxes adjacent to the question. Please be aware that the audio/video recording will not always follow the question sequence. The total score range is 0-19 for audio recordings (0-20 for video recordings).

Assessment Date (DD/MM/YY):

Clinician ID:

Patient ID:

Researcher ID:

DIALOG+ Session Number:

		Score
Reviewing Actions	<p>1) Are action(s) set in the previous session reviewed? <i>(if this is Session 1 of DIALOG+ then rate this item 1)</i></p> <p>0 – Previous action(s) are not reviewed 1 – Previous action(s) are reviewed</p>	
Satisfaction – DIALOG Scale	<p>2) Does the patient rate his/her satisfaction on all 11 areas? <i>(Assume all areas have been rated unless patient explicitly refuses to rate some areas)</i></p> <p>0 – Not all areas are rated 1 – All areas are rated</p>	
Review of ratings	<p>3) Does the clinician provide an overview of the current strengths and problems in the patient’s life, after all areas have been rated?</p> <p>0 - Clinician does not review patient’s ratings overall 1 - Clinician reviews patient’s ratings overall</p>	
Comparison	<p>4) Does the clinician offer to compare this session’s ratings with those of a previous session after all areas have been rated? <i>(if this is Session 1 of DIALOG+ then rate this item 1)</i></p> <p>0 – Clinician does not offer comparison of ratings after all areas have been rated 1 – Clinician offers comparison of ratings after all areas have been rated</p>	
Positive reinforcement	<p>5) Does the clinician comment on positive or improved ratings of satisfaction with some of the areas?</p> <p>0 – Clinician does not comment on improved ratings of satisfaction 1 – Clinician comments on improved ratings of satisfaction</p>	
Patient involvement in selecting areas	<p>6) Do the patient and clinician collaboratively select areas to discuss after rating the DIALOG scale?</p> <p>0 – Patient view or agreement was not taken into account when selecting areas to discuss 1 – The patient was actively involved in the selection of the areas to discuss (including seeking agreement to a clinician’s suggestion)</p>	
Number of areas	<p>7) How many areas are selected to be discussed?</p> <p>0 – No areas, or more than 3 areas, are selected to be discussed 1 – 1 to 3 areas are selected to be discussed</p>	

You will now score the 4-step approach used by the clinician for up to 3 selected areas. If more than 3 areas were discussed during the session, please score only the first 3. Please write the name of the selected area under the Area number. To calculate the total score per area, sum up the scores on items 8-16 for each area and include only the highest rated area in the overall total adherence score calculation at the end.

		Area 1: _____	Area 2: _____	Area 3: _____
Step 1 – Understanding	8) Does the clinician <u>explore</u> with the patient the patient’s rating of this domain (in relation to their current situation)?			
	0 – Clinician does not explore with the patient the rating of area 1 – Clinician explores with the patient the rating of area			
	9) Does the clinician <u>identify</u> what is working well for this patient in this area?			
	0 – Clinician does not identify what is working well for the patient in this area 1 – Clinician identifies what is working well for the patient in this area			
Step 2 – Looking forward	10) Does the clinician establish or refer to a ‘best case scenario’ in this area?			
	0 – Clinician does not establish or refer to a ‘best case scenario’ in this area 1 – Clinician establishes or refers to a ‘best case scenario’ in this area			
	11) Does the clinician ask the patient to consider small, meaningful improvements to the current situation in the chosen area?			
	0 – Clinician does not discuss small, meaningful improvements to the current situation 1 – Clinician facilitates discussion around small, meaningful improvements to the current situation			
Step 3 – Exploring options	12) Does the clinician encourage the patient to consider possible actions that <u>they can take themselves</u> to achieve the changes that they would like in the chosen area?			
	0 – Clinician does not encourage the patient to consider any actions that could be taken by the patient themselves 1 – Clinician encourages the patient to consider any actions that could be taken by the patient themselves			

		Area 1:	Area 2:	Area 3:
		_____	_____	_____
	<p>13) Does the clinician encourage the patient to consider possible actions that <u>the clinician or service</u> can take to achieve the changes that they would like in the chosen area?</p> <p>0 – Clinician does not encourage the patient to consider any actions that could be taken by the clinician or service 1 – Clinician encourages the patient to consider any actions that could be taken by the clinician or service</p>			
	<p>14) Does the clinician encourage the patient to consider possible actions that <u>other people</u> besides the clinician and patient (e.g. caregiver) can take to achieve the changes that they would like in the chosen area?</p> <p>0 – Clinician does not encourage the patient to consider any actions that could be taken by other people 1 – Clinician encourages the patient to consider any actions that could be taken by other people</p>			
Step 4: Agreeing on actions	<p>15) Do the clinician and patient set action(s) to be taken in the chosen area? (Note that either patient or clinician may take the lead in suggestions for action)</p> <p>0 – Clinician and patient do not set any action(s) to be taken in the chosen area 1 – Clinician and/ or patient set action(s) to be taken in the chosen area.</p>			
	<p>16) Does the clinician summarise all the actions that have been agreed upon before the end of session?</p> <p>0 – Clinician does not summarise the actions agreed upon 1 - Clinician summarises the actions agreed upon</p>			
Total score per area				

You will now rate the overall quality of the interaction between the clinician and patient during the DIALOG+ session.

		Score
Quality of interaction	17) Does the clinician express positive regard throughout the session?	
	0 – Clinician expresses little or no positive regard towards the patient 1 – Clinician expresses considerable and consistent positive regard towards the patient	
	18) <i>Patient involvement (in discussing the 4-step approach):</i> Do the patient and clinician collaboratively complete the 4-step approach?	
	0 – The patient was not actively involved in the 4 step approach, and was not asked to contribute to the discussion 1 – The patient was actively involved in the discussion, and at minimum was asked for their view and/or agreement during the 4-step approach	
	19) Overall are the actions agreed upon clear – i.e. who is doing them and is the behaviour specific enough so that it can be reviewed? <i>(Score this item 0, if the score to the item 15 is 0)</i>	
	0 – The action(s) agreed upon are not precisely defined and relevant 1 – Overall the action(s) agreed upon are precisely defined and relevant	

If video recording data is available then please also rate the following item.

		Score
Use of tablet	20) Does the clinician share the tablet with the patient?	
	0 – The tablet is used by the clinician only	
	1 – Clinician and patient share the tablet some of the time	

Scoring

	Total score
DIALOG + procedure (Select & Review) <i>(items 1-7; score range is 0 to 7)</i>	
4-step procedure <i>(items 8-16; score range is 0 to 9)</i>	
Quality of interaction <i>(items 17-19; score range is 0 to 3)</i>	
Tablet usage <i>(item 20; score range is 0 to 1)</i>	
Total score <i>(total max score is 19; 20 if video recording is available)</i>	