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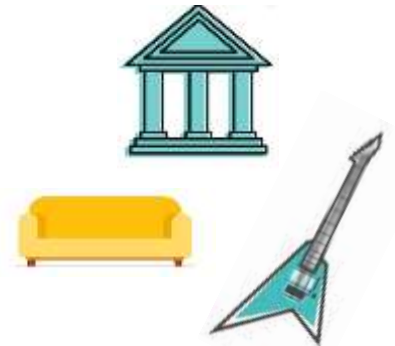
April 2020

Recruitment figures:
184 participants

Engage in the arts at home

A number of organisations have developed ways to enjoy the arts from the safety and comfort of your own home during the lockdown by sharing online activities, tutorials, collections and much more. Some of our favourite online platforms include:

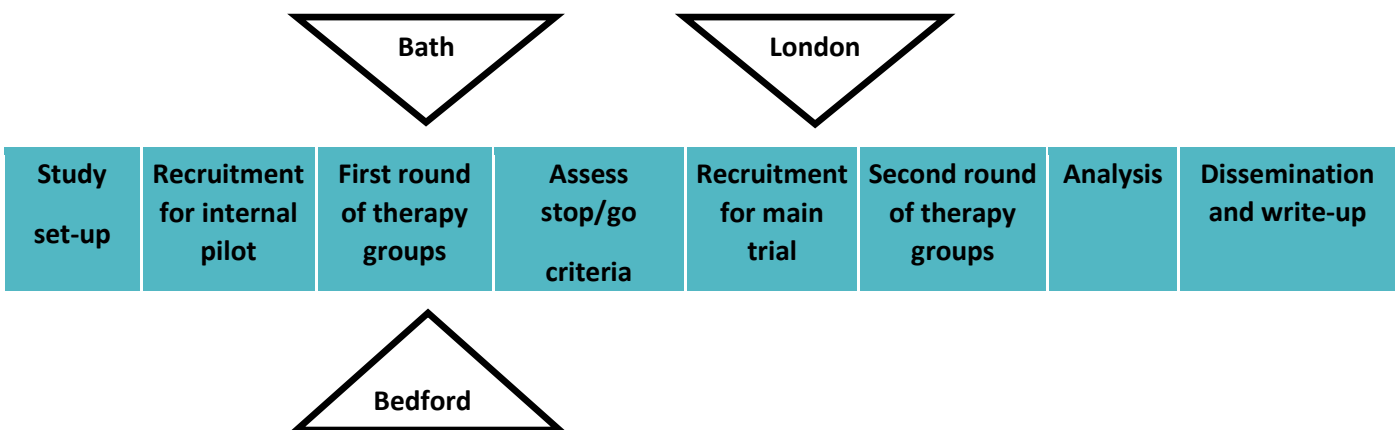
- The Sofa Singers, a free and weekly online singing event, which brings 100s of people together from around the world.
- In addition to free virtual tours, the Montreal Museum of Fine Arts is now offering at-home art therapy via their Facebook page.
- The Royal Albert Home will see a number of artists sharing their work from their home to yours with lots of free online concerts available regularly.



ERA study update

We have now completed all of our follow up assessments with our London participants. We will be keeping in touch with our participants regularly to keep them updated and answer any queries they may have about their participation and the trial being on pause in light of the current pandemic. If your team or any of your service users have any concerns or questions you can get in touch with the Chief Investigator, Dr Carr at Catherine.carr6@nhs.net or the Trial Manager, Leoni at leoni.koutsou@nhs.net.

ERA project timeline



Please circulate this newsletter with your team or anyone who may be interested in hearing about ERA. If there are any items you would like to see included in the newsletter please contact Emma at emma.medlicott1@nhs.net.