



July 2020

Total recruitment:

174 participants

Thank you to our clinicians and participants

Whilst the ERA study is on hold, we have received ongoing support from our clinicians who have helped us with various queries. We are always looking at ways to improve this valuable communication with teams and colleagues and want to pass on a huge thank you for their time and commitment in supporting the ERA trial, and helping us support our participants throughout this process. As always, thank you to all of our participants for their patience and understanding.

Participant interviews complete for our first round of Arts, Dance Movement and Music groups

The first round of ERA groups finished back in February and we have been working with our participants to find out about their experiences of group therapy via interview. We are pleased to report we have now completed all of our participant interviews for the Art, Dance Movement and Music therapy groups. A big congratulations to our researchers and a bigger thank you to our participants in working with us to complete these remotely.

ERA Twitter feed

Follow the ERA team, [@study_era](https://twitter.com/study_era) on Twitter where we will be continuing to post regular updates, useful resources and activities. For those who do not use Twitter, check out some of the resources we have posted recently below:

- Nine virtual online exhibition tours including Andy Warhol at the Tate and Picasso at the Royal Academy of Arts [here](#).
- Learn about the lives of Black artists and the story behind their work in the Black Lives Matter collection from the Tate [here](#).
- Check out online screenings of concerts from the London Symphony Orchestra [here](#).

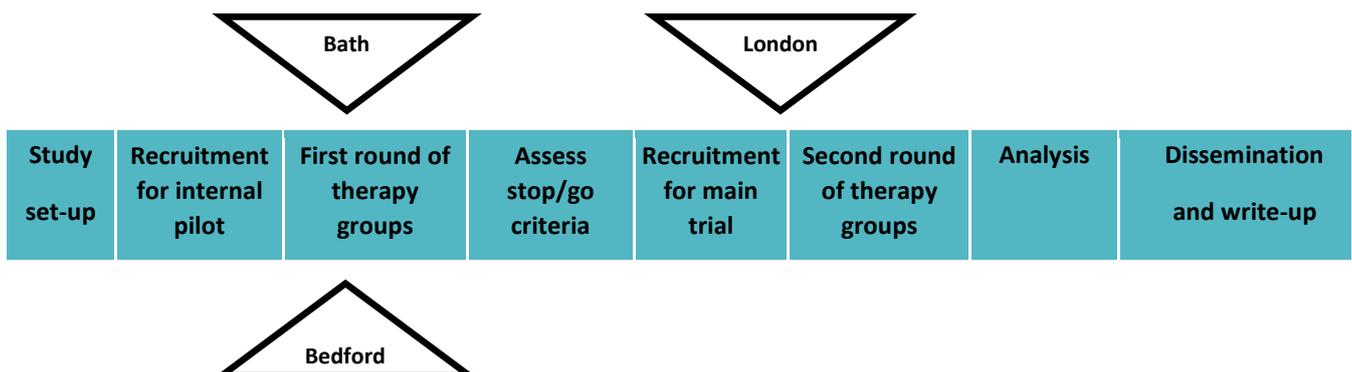
NIHR Health Technology Assessment (HTA) Programme meeting

We recently met with the HTA Programme Director from our funder the National Institute for Health Research (NIHR) to discuss the ongoing progress of the trial and had useful discussions exploring ways of restarting the study. It was fantastic to hear their ongoing support and we are very much looking forward to restarting the trial in line with government guidance as soon as it is safe and appropriate to do so.

Contact us

The ERA trial is still on hold for the time being due to the Coronavirus pandemic. If you have any concerns or queries please do not hesitate to get in touch with the ERA Chief Investigator, Dr Catherine Carr at catherine.carr6@nhs.net or ERA Trial Manager, Leoni at leoni.koutsou@nhs.net.

ERA project timeline



Please circulate this newsletter with your team or anyone who may be interested in hearing about ERA. If there are any items you would like to see included in the newsletter, please contact emma.medlicott1@nhs.net.