



# July 2021



**Total recruitment:**  
**168 Participants**

## Recruitment re-open in Bedford and East London!

Our London and Bedford researchers have been busy making contact with clinicians across the Trust to announce that we are re-open to recruitment! We are thrilled to already be receiving so many referrals - thank you to all who have been in touch so far. Thank you also to those who have invited us to come and present the ERA study at your team meetings. If you would like a member of the team to present the study at one of your meetings, please do get in touch with Lauren for teams in East London [lauren.hounsell1@nhs.net](mailto:lauren.hounsell1@nhs.net) and Jess for teams in Bedford [jessica.cardona@nhs.net](mailto:jessica.cardona@nhs.net).

## New study site CNWL now open!

We are very happy to announce that our new trial site, Central and North West London NHS Foundation Trust is now open! A warm welcome to Principal investigator Clare Grant and the team of Research Associates joining our study team. They will be working with Community Mental Health Teams across the Trust to recruit to the study. The CNWL researchers met the London and Bedford researchers last week for 2 days of training, so they are now also ready to begin recruitment.

Follow the ERA team on Twitter [@study\\_era](https://twitter.com/study_era) for regular updates or see [elft.nhs.uk/era](http://elft.nhs.uk/era) for more details about the study.



## New ERA Trial Manager

Our Trial Manager Leoni will be leaving the ERA study this month after almost 2 years with us. We want to say a massive thank you to Leoni for all of the hard work she has put into the trial.

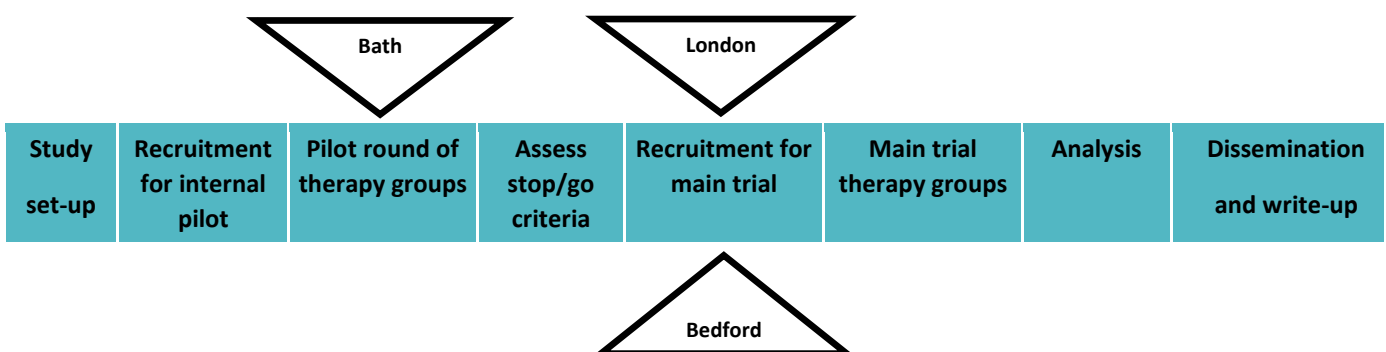
Our new Trial Manager is **Emma Medicott**, former London Research Assistant. We wish her every success in her new role, congratulations Emma!



### Contact us

If you have any concerns or queries regarding the trial, please do not hesitate to get in touch with ERA Chief Investigator, Dr Catherine Carr [catherine.carr6@nhs.net](mailto:catherine.carr6@nhs.net) or ERA Trial Manager, Emma Medicott [emma.medlicott1@nhs.net](mailto:emma.medlicott1@nhs.net)

### ERA project timeline



Please circulate this newsletter with your team or anyone who may be interested in hearing about ERA. For anything you would like to see included in the newsletter, please contact [emma.medlicott1@nhs.net](mailto:emma.medlicott1@nhs.net).