



November 2021



**Total recruitment:
193 Participants**

Thank you to clinicians and teams for your support

Support from clinicians in recruiting for ERA is invaluable, particularly whilst the team are still mainly doing so remotely. From putting an ERA leaflet up in a waiting room or staff office to sending the team a referral, we are grateful for all of the ways that teams are supporting us.

Presenting ERA at community teams meetings

This month the London ELFT team were invited to present the study to the Hackney community connectors' team. Thank you to the team for inviting us and for the rich discussion that came from this. If you would like the ERA team to introduce the study to your community teams, please do get in touch with our researchers:

ELFT (East London & Bedford): Lauren- lauren.hounsell1@nhs.net or Emma- emma.millard1@nhs.net

CNWL: Karthik- k.yogarajah@nhs.net or Adele- adele.giudici@nhs.net

New ERA team member

We would like to give a warm welcome to Adele Giudici who has joined our research team at our Central and North West London site. Welcome Adele!


End of an ERA...

This month we are saying goodbye to our outstanding Bedford Research Assistant Jess Cardona. Jess has been with the ERA team for over 2 years and built great links with the Bedford community teams and worked so hard to recruit for the trial. We wish Jess all of the best for her new role.

★ **Star referrers** ★

This month we would like to acknowledge **Dr Jacintha Ariya** from the ELFT Newham team and **Dr Mike Crawford** from the CNWL team for the support and referrals they have sent to our researchers. Thank you!

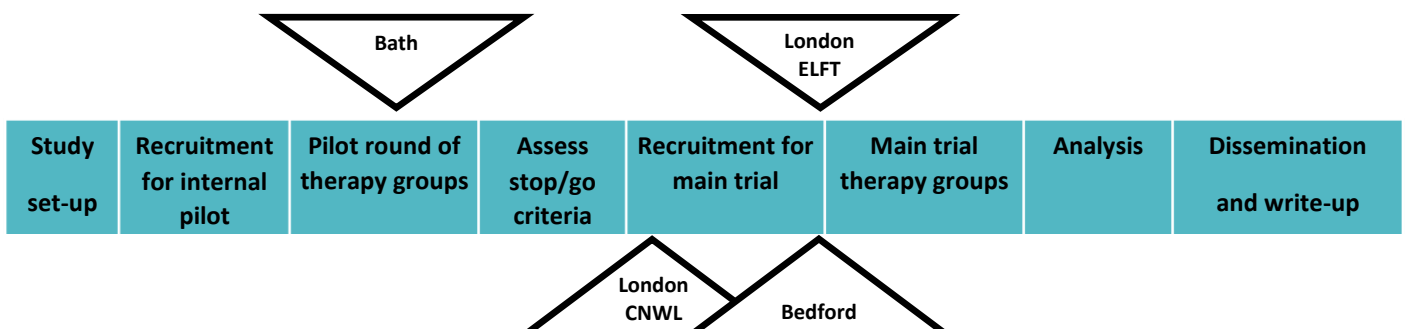
Follow the ERA team on Twitter **@study_era** for regular updates or see elft.nhs.uk/era for more details about the study.



Contact us

If you have any concerns or queries regarding the trial, please do not hesitate to get in touch with ERA Chief Investigator, Dr Catherine Carr catherine.carr6@nhs.net or ERA Trial Manager, Emma Medicott emma.medicott1@nhs.net

ERA project timeline



Please circulate this newsletter with your team or anyone who may be interested in hearing about ERA. For anything you would like to see included in the newsletter, please contact emma.medicott1@nhs.net.