

## Recruitment

Recruitment is scheduled to begin in December 2018.

Website

Coming soon

## Research team

The ERA research team at ELFT have been recruited and the East London team are now in post. Helena Tee is the trial manager and our two research assistants are Lauren Brotherston and Lauren Hounsell. Two further research assistants have been recruited to cover Bedford, they will be joining the team within the next moth. The post of research assistant in Avon and Wilstshire is currently being advertised.

## **Trial Management Group (TMG)**

The ERA TMG had its first meeting on Wednesday 26th September. They met to discuss the development of the Arts Therapies manual and how to prepare sites for running the therapy groups. The next meeting will take place this month.

# **Trial Steering Committee (TSC) and Data Monitoring Committee (DMC)**

Members of the TSC and DMC have been confirmed and are scheduled to have their first meeting within the next 2 months.

### **Lived Experience Advisory Panel (LEAP)**

The team is currently advertising for a LEAP who will meet 2-3 times per year to discuss the running of the study and to give advice on procedures and study materials.

#### **Gaining approvals**

A review of the ERA protocol and associated documents has been completed by the sponsor (Noclor) and the clinical trials unit (PCTU). The team are making final preparations to submit to ethics within the next week.





Study set-up

Recruitment for internal pilot First round of therapy groups

Assess stop/go criteria

Recruitment for main trial

Second round of therapy groups

Analysis

Dissemination and write-up