


FOUNDATION YEAR 1 PSYCHIATRY TRAINING POST JOB DESCRIPTION	
1) INTRODUCTION	
1.1 Grade of Post	FY1 trainee
1.2 Specialty/Sub-Specialty	Psychiatry/General Adult Psychiatry
1.3 Type of Contract/WTE	Full-time
1.4 Duration of Post	4 months
1.5 Trainer Name	Dr Kurt Buhagiar
1.6 Base/Address	Crystal Ward, Luton & Central Bedfordshire Mental Health Unit, Off Calnwood Road, Luton, Bedfordshire LU4 0FB
1.7 Service Line	Acute psychiatry - Luton
2) DESCRIPTION OF THE POST and TRAINING OPPORTUNITIES	
2.1 Qualifications and Experience of the Trainer	MBBS, MSc, HDip Psychother, MRCPsych, CCT (general psychiatry) Lead Consultant for Luton Inpatient Services Research Fellow, Unit for Social and Community Psychiatry, QMUL Lead appraiser – Luton
2.2 Description of the Clinical Service	In-patient general adult psychiatry – female triage ward
2.2 Description of Clinical/Medical Team	Consultant Psychiatrist 1.0 WTE Specialty Doctor 1.0 WTE FY1 1.0 WTE CT1 in psychiatry 1.0 WTE
2.3 Training Opportunities	Local psychiatric academic programme, including Balint group - weekly Barts' trustwide psychiatric academic programme – monthly
2.5 Additional comments	
3) CLINICAL SUPERVISION	
3.1 Clinical Supervision arrangements	One hour weekly regular supervision and active informal clinical supervision
3.2 One to One Trainer Educational Supervision Arrangements	Trainee will have Educational Supervisor from the Foundation School
3.3 Trainer cover arrangements	As per cover for annual leave
3.4 Additional comments	
4) INDUCTION – describe the arrangements including any out of service leave required	
4.3 Team/Departmental Induction	Formal locality induction organised by Medical Education; Informal team induction with clinical supervisor during first week of initiation of post;
5) SPECIFIC CURRICULA PRIORITIES – describe how these are met in the post	
5.1 Community Orientation	Collaborative working with community mental health teams, crisis teams and liaison psychiatry, involving joint assessments, clinical discussions, CPA meetings and professionals' meetings on wards

5.2 Long Term Conditions	Assessment of psychosocial functioning, cognitive effects, personality pathology, family interactions resulting from long-term mental illness			
5.3 Holistic Care	Multi-dimensional approach to care involving input from psychologists, social workers and occupational therapists; Interface between physical and mental health as a basis for the initial work-up of psychiatric presentations, as well as longer term clinical management.			
5.4 Inter-professional and integrated Working	Multidisciplinary team approach to patient care at the core of inpatient assessment and management;			
5.5 Additional Comments				
6) LOCAL ACADEMIC SUPPORT				
6.1 Local academic programme	Every Wednesday afternoon			
6.2 Local Knowledge e.g. Library Resources	Luton & Dunstable Hospital library Additional access to Homerton Hospital library through ELFT			
6.3 Additional comments				
7) TIMETABLE				
7.1 Trainee timetable				
Monday	Tuesday	Wednesday	Thursday	Friday
9:00 MDT meeting / safety huddle / handover	9:00 MDT meeting / safety huddle / handover	9:00 MDT meeting / safety huddle / handover	9:00 MDT meeting / safety huddle / handover	9:00 MDT meeting / safety huddle / handover
9:30 Patient discussion	9.30 Patient reviews	9:30 Patient discussion	9.30 Patient reviews	9:30 Patient discussion
10:00 Patient reviews		10:00 Patient reviews		10:00 Patient reviews
13:00 Lunch	13:00 Lunch	13:00 Lunch	13:00 Lunch	13:00 Lunch
13:30 Ward work / patient reviews / informal teaching	13:30 Ward work / patient reviews / informal teaching	13:30 Local academic programme	13:30 Ward work / patient reviews / informal teaching	13:30 Ward work / patient reviews / supervision
7.2 Trainer 1 timetable –				
Monday	Tuesday	Wednesday	Thursday	Friday
9:00 MDT meeting /	9:00 MDT meeting /	Research day – off site	9:00 MDT meeting /	9:00 MDT meeting /

safety huddle / handover	safety huddle / handover	Ward cover provided by Specialty doctor; Trainer available by phone / email	safety huddle / handover	safety huddle / handover
9:30 Patient discussion	9.30 Patient reviews		9.30 Patient reviews	9:30 Patient discussion
10:00 Patient reviews				10:00 Patient reviews
13:00 Lunch	13:00 Lunch		13:00 Lunch	13:00 Lunch
13:30 Ward work / patient reviews / admin	13:30 Ward work / patient reviews / admin		13:30 Ward work / patient reviews / admin	13:30 Ward work / patient reviews / supervision / admin / appraisals
7.2 Trainer 2 timetable – Dr		n/a		
11.1 Trainer:	Name	Kurt Buhagiar	Signature	
11.2 DPME:	Name		Signature	
Date				