

**FOUNDATION YEAR 1 PSYCHIATRY TRAINING POST JOB DESCRIPTION**

<b>Placement</b>	<b>F1 General Psychiatry</b>
<b>The department</b>	<p>The FY1 trainee in Psychiatry placement is situated in the Onyx Ward Inpatient Unit (Luton) which consists of 20 Inpatient beds. This placement offers a comprehensive understanding of the working of Mental Health services as a Multi-Disciplinary Team involving input from the Consultant Psychiatrist and supported by the Trained Psychiatric Nurses, Social Workers as well as Occupational Therapists and Clinical Psychologists. Onyx Ward hosts a mixture of trainees at any one time, including Specialist and Core Trainees in Psychiatry as well as GP Trainees. The FY1 Trainee will be able to participate and observe the working of an Inpatient Unit involving Acute Psychiatric admissions, assessment, investigations, developing Care Plan and management. This placement gives exposure to safe prescribing and risk assessment for the management of Mental Health problems.</p> <p>During their four month placement the FY1 will also be given opportunities to see out patients with one of the community psychiatry consultants, Dr Zadeh/Dr Tari. They can also, with Dr Shah's agreement, spend sessions with the Crisis Resolution Home Treatment Team, Community Mental Health Teams, Older Adults' Psychiatry, Child and adolescent psychiatry, psychotherapy and Psychiatric Liaison Service. This will provide them with a broad experience of both in patient and community psychiatry and should assist them when making their career choices at a later date.</p> <p>We have an active academic programme with academic afternoons being held on three Wednesdays each month. There are opportunities to contribute to this by giving case presentations/ discussing journals. As part of the academic afternoon, twice a month there is an hour of 'on call' supervision for junior doctors supported by one of the inpatient/psychiatric liaison or Crisis team consultants. This provides a good opportunity for junior trainees to learn from complex clinical cases and scenarios they have experienced out of hours.</p>
<b>The type of work to expect and learning opportunities</b>	<p>The overall educational objectives of the FY1 year are to provide the trainee with the knowledge, skills and attitudes to be able to:</p> <ul style="list-style-type: none"> <li>• Take a history and examine a patient's mental state</li> <li>• Identify and synthesise mental health problems</li> <li>• Learn principles of evidence based practice when recommending treatments in psychiatry, including the use of ECT.</li> <li>• Keep an accurate and relevant medical record</li> <li>• Manage time and clinical priorities effectively</li> <li>• Communicate effectively with patients, carers and colleagues</li> <li>• Use evidence, guidelines and audit to benefit patient care</li> <li>• Act in a professional manner at all times</li> <li>• Cope with ethical and legal issues which occur during the management of patients with mental health problems</li> <li>• Educate patients and carers effectively</li> <li>• Become life-long learners and teachers</li> <li>• Identify and Manage risk effectively</li> </ul> <ul style="list-style-type: none"> <li>• Develop an understanding about the Mental Health and Mental Capacity Acts.</li> <li>• They will be given an hour of clinical supervision with the consultant each week.</li> </ul>
<b>Location</b>	Onyx Ward –Inpatient Unit Off Calnwood Road Luton LU4 0FB
<b>Supervisor(s)</b>	Dr Mehraj Shah
<b>Main duties of the placement</b>	<p>Clerking the Admissions to the In patient Unit involving a comprehensive History including:</p> <ul style="list-style-type: none"> <li>• Medical History</li> </ul>

	<ul style="list-style-type: none"> <li>• Psychiatric History</li> <li>• Forensic History</li> <li>• Drug and Alcohol History</li> <li>• Diagnostic Formulation</li> <li>• Mental Status Examination</li> <li>• Risk Assessment</li> </ul> <ul style="list-style-type: none"> <li>• Investigations including Blood Tests, ECG, Physical Examination</li> <li>• Relevant Psychological formulation and Comprehensive care plan development</li> </ul> <p>The F2 trainee will also:</p> <ul style="list-style-type: none"> <li>• Liaise with necessary agencies, including GPs</li> <li>• Completed day to day medical jobs on the ward</li> <li>• Participate in Consultant led Ward Rounds</li> <li>• Complete Discharge Summaries</li> <li>• Participate in the out of hours duty rota (see above)</li> </ul> <p>-----  They will be well supported by both a middle grade and consultant psychiatrist.  -----</p>
<p><b>Typical working pattern in this placement</b></p>	<p><b>Weekly</b>  Consultant-led Ward rounds and Management rounds are conducted 5 Times a week on  Mondays  Tuesdays  Wednesday  Friday</p> <p><b>Daily Pattern:</b>  This is high turnover unit and Trainees and required to complete and comprehensive clerking in of the patients.</p> <p>-The day starts with the ward round on the Ward with specialty trainee and consultant.  -Trainees will then complete jobs appropriate to level of training following the ward round. This includes prescriptions, investigations as well as Physical Examination</p> <p><b>Educational Activities:</b>  Trainees are supported to attend their Teaching as well as educational activities. Psychiatric Training Session is also led on the ward by Consultant / Specialist Registrar for 1 hour every week. Twice a month, on the first and fourth Wednesday, local academic programmes take place on site and the F2 will be encouraged to attend these. Once a month a centralised Luton/ Bedfordshire academic programme takes place at Wrest Park, trainees are encouraged to attend this.  One hour of individual supervision with consultant each week (excepting when trainee or consultant are on leave or on rest after on call).</p>
<p><b>Employer information</b></p>	<p>Whilst trainees will still be employed and paid by the Luton and Dunstable Hospital, their placement will take place within the East London Mental Health Foundation Trust (ELFT), which provides Psychiatric Services across Bedfordshire. ELFT serve a local population of over 650,000 from Luton, Dunstable, Bedfordshire .About 30% of Luton’s population are from cultural and ethnic minority backgrounds and this coupled with the high deprivation found in Luton means our local population display wide range of Mental Health conditions which are more usually associated with those of an inner city area.</p>

**It is important to note that this description is a typical example of your placement and may be subject to change.**