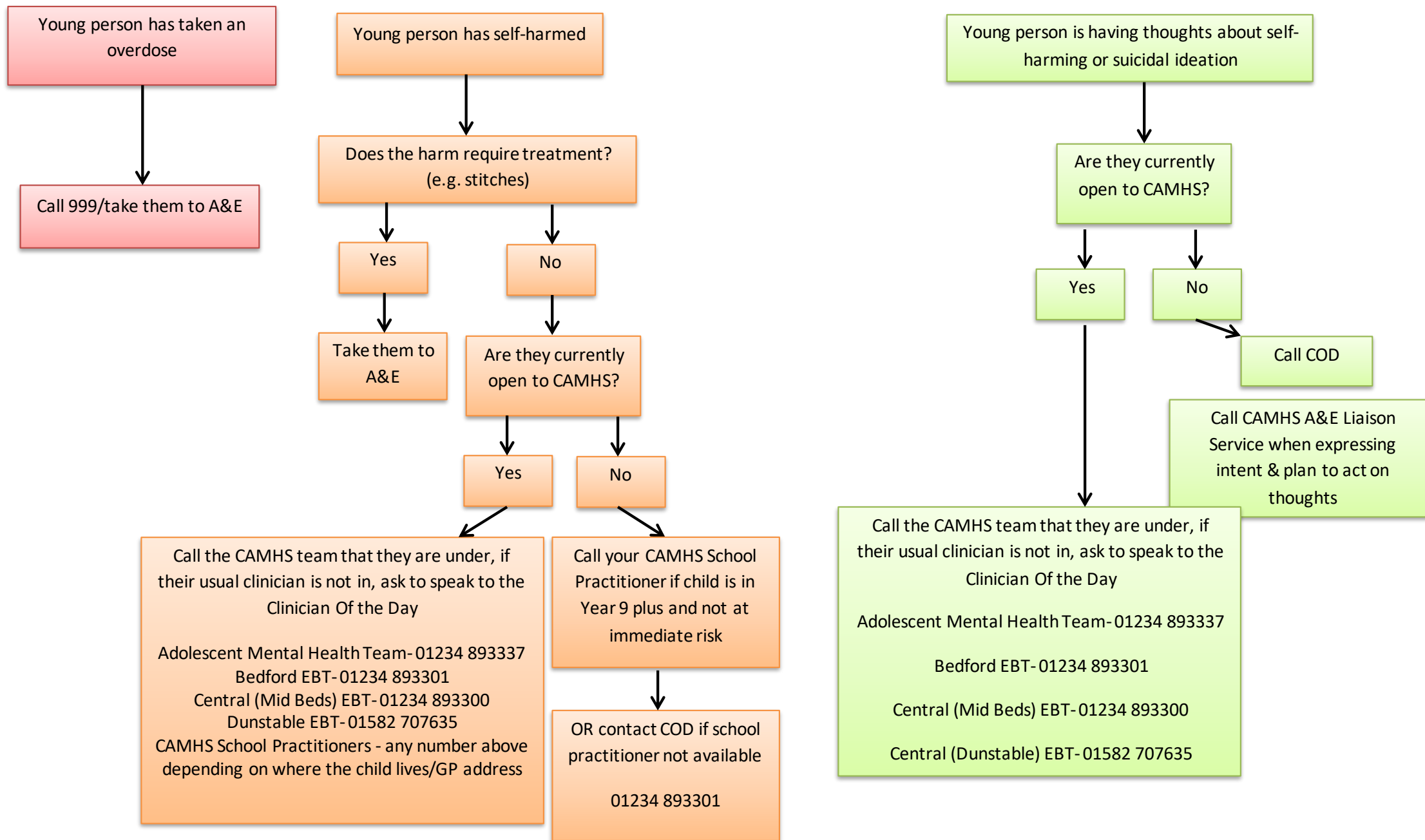


A guide for schools in managing children presenting with a Mental Health "Crisis"



Young person has taken an overdose

Call 999/take them to A&E

Young person has self-harmed

Does the harm require treatment?  
(e.g. stitches)

Yes

Take them to A&E

No

Are they currently open to CAMHS?

Yes

Call the CAMHS team that they are under, if their usual clinician is not in, ask to speak to the Clinician Of the Day  
Adolescent Mental Health Team-01234 893337  
Bedford EBT-01234 893301  
Central (Mid Beds) EBT-01234 893300  
Dunstable EBT-01582 707635  
CAMHS School Practitioners - any number above depending on where the child lives/GP address

No

Call your CAMHS School Practitioner if child is in Year 9 plus and not at immediate risk  
OR contact COD if school practitioner not available  
01234 893301

Young person is having thoughts about self-harming or suicidal ideation

Are they currently open to CAMHS?

Yes

Call the CAMHS team that they are under, if their usual clinician is not in, ask to speak to the Clinician Of the Day  
Adolescent Mental Health Team-01234 893337  
Bedford EBT-01234 893301  
Central (Mid Beds) EBT-01234 893300  
Central (Dunstable) EBT-01582 707635

No

Call COD

Call CAMHS A&E Liaison Service when expressing intent & plan to act on thoughts