

# Job Description

ST4-6 in in General Adult Psychiatry

Clinical Supervisor: Mehraj Shah

Locality: Luton

Main Base: Onyx Ward

Team / Service:

Acute inpatient Service

Address / Contact details:

Onyx Ward

Calnwood Road

Luton LU4 0FB

Tel. 01582657545

Last updated: June 2021

## **Introduction & Summary**

This job description is for a higher training post in General Adult Psychiatry working in an inpatient unit in Onyx ward. The post holder will spend one year in this post, under the Clinical Supervision of Dr Mehraj Shah and may also providing some clinical support to other team if necessary. Onyx Ward is a 20 bedded Inpatient Unit in Luton.

During their placement the senior trainee will have a lot of opportunity to develop their knowledge and skills all aspects necessary for a consultant. Onyx ward is a very busy ward and there is ample opportunity for the trainee to work independently and have their own management round and clinical review for the patients. Trainee will be able to develop their management skills chair meetings and attend various forums.

We have an active academic programme with academic afternoons being held on three Wednesdays each month. There are opportunities to contribute to this by giving case presentations/ journal clubs etc. This provides a good opportunity for senior trainees to support junior trainees in preparation and presenting in the academic programme. They may also present complex clinical cases and topics in the academic programme.

Trainee will have opportunity to offer teaching sessions both formal and informal to other juniors like GP trainees, foundation trainees and medical students.

The trainee will be released for a day to develop their research and special interest.

## **Brief description / profile of Clinical Supervisor**

Dr Shah is one of the senior consultants in the trust. Dr Shah is Lead ECT clinician for the Trust in Bedfordshire hence there is opportunity to get added experience in ECT and other neuro-modulatory therapies. Dr Shah is clinical and educational supervisor, an undergraduate trainer and CASC examiner for Royal college of Psychiatrists.

## **The team (including staffing) / service description**

This placement offers a comprehensive understanding of the working of Acute Mental Health services as a Multi-Disciplinary Team involving input from the Consultant Psychiatrist and supported by the Trained Psychiatric Nurses, Social Workers as well as Occupational Therapists and Clinical Psychologists. Onyx Ward hosts a mixture of trainees at any one time, including Specialist and Core Trainees in Psychiatry as well as GP Trainees and FY trainees. There is a lot of opportunity to teach medical students and trainees on this placement.

## **Role of the Specialist Trainee (4-6) / Main Duties and Responsibilities**

The Specialist Trainee will be able to participate and observe the working of an Inpatient Unit involving Acute Psychiatric admissions, assessment, investigations, developing Care Plan and management. This placement gives exposure to safe prescribing and risk assessment for the management of Mental Health problems independently and developing the safe and effective care plan for the patients care and work towards becoming an independent practitioner. There is a lot of opportunity to work with detained patients and hence develop the knowledge of Mental Health Law. Attend tribunals and write reports for the tribunal.

You will demonstrate appropriate knowledge base and capacity to apply sound clinical judgement and capacity to prioritise clinical need.

You should have capacity to work cooperatively with others and demonstrate leadership when appropriate and capacity to work effectively in multi-professional & multi-agency teams. You will also demonstrate initiative & resilience to cope with setbacks & adapt to rapidly changing circumstances, capacity to deal with ambiguity & uncertainty in clinical life and seek help when appropriate and capacity to organise oneself & prioritise own work.

You should demonstrate punctuality, preparation & self-discipline be able to keep effective records and demonstrate IT skills.

Senior trainee will demonstrate understanding of the principles of audit & research, including understanding the principles of research in psychiatry and evidence of interest and experience in teaching. There is a lot of opportunity to service development through QI framework. You should communicate effectively & sensitively with others verbally & in writing at all times. Capacity to listen & engage others in open/equal dialogue

### **Any other specific characteristics of this job**

Senior trainee will have one day release to develop their special interest and research interest. You will have opportunity to develop skills and knowledge in ECT and other neuromodulatory therapies. Trainee will be supported encouraged to publish in a peer review journal.

#### **ST4-6 Timetable**

This is an example with special interest and non-fixed sessions negotiable on commencing post.

Monday - am	09.00 – Onyx Ward	<ul style="list-style-type: none"> <li>Management round: discuss all patients and their progress</li> </ul>
	Break	
Monday - pm	Onyx Ward	<ul style="list-style-type: none"> <li>New patients reviews</li> <li>Refer patients as required</li> <li>MHA related work</li> <li>Tutorials</li> </ul>
Tuesday - am	09.00 – Onyx Ward	<ul style="list-style-type: none"> <li>Ward Round</li> </ul>
	Break	
Tuesday – pm*	Onyx ward	Ward Round
Wednesday - am	09.00 – Onyx Ward	<ul style="list-style-type: none"> <li>Ward Round</li> </ul>
	Break	
Wednesday – pm*	Wrest Park or Calnwood Court	<ul style="list-style-type: none"> <li>Weekly Academic programme</li> </ul>
Thursday – am	09.00 – Day release	Special Interest
	Break	
Thursday – pm*	Day Release	Research
Friday - am	09.00 – Onyx Ward	<ul style="list-style-type: none"> <li>Management round: discuss all patients and their progress</li> </ul>
	Break	
Friday - pm	Onyx Ward	<ul style="list-style-type: none"> <li>New patients reviews</li> <li>Refer patients as required</li> <li>MHA related work</li> <li>Tutorials</li> </ul>