

**Somatic Symptom Disorder / 'Medically Unexplained Symptoms' in Primary Care  
06 May 2016**

**Speaker Biographies**

**Kevin Mullins, Head of Mental Health NHS England**



Kevin has over 30 years' experience working within the NHS and across health and social care. This has included general management and executive director capacities in specialist and general acute hospitals, community health services and mental health.

Latterly Kevin has worked extensively in health and social care commissioning as an executive director within a number of PCTs and as programme director at regional and national levels. This has included healthcare commissioning lead for the 2012 Olympics and Paralympics Games and as Director of the Improving Access to Psychological Therapies Programme formerly at the DH and now NHS England.

Most recently Kevin has been appointed as Head of Mental Health at NHS England.

**Professor Peter Henningsen, University of Munich /Germany**



Prof Peter Henningsen, is the Head of the Department of Psychosomatic Medicine and Psychotherapy, University Hospital, Technical University of Munich, Germany. Trained as a neurologist, and then specialized in psychosomatic medicine (separate speciality in Germany). Main research interest in somatoform/ functional disorders (diagnostic studies/ RCTs/ national guidelines). Associate Editor, Journal of Psychosomatic Research., he has published numerous papers and also books on these topics and is an internationally recognised expert in the field.

The research areas of Professor Henningsen are chronic somatic complaints with inadequate organic explanation. This research deals with somatoform or functional complaints such as pain, functional disturbance and exhaustion. He plays a coordinating role in diagnostic and therapeutic studies and in functional imaging and other psychophysiological studies examining the neurophysiological correlates of the experience of the complaint.

Professor Henningsen studied medicine in Stuttgart-Hohenheim, Freiburg, Berlin and Cambridge (UK). He completed his training as a neurologist in Berlin and Heidelberg before changing to the field of psychosomatic medicine. He acquired his postdoctoral teaching qualification (habilitation) in 2002 in Heidelberg and in 2005 was given a faculty appointment in the Department of Psychosomatic Medicine and Psychotherapy. Professor Henningsen was appointed vice dean in 2006 and has held the office of dean of the TUM School of Medicine since 2010. He is a member of the board of the German Collegium for Psychosomatic Medicine and the Viktor-von-Weizsäcker Society.

**Professor Rona Moss-Morris, Professor of Health Psychology  
National Advisor, MUS – IAPT, King’s College London**



Rona Moss-Morris is Professor of Psychology as Applied to Medicine. She is National Advisor to NHS England for Improving Access to Psychological Therapies for People with Long Term and Medically Unexplained conditions. She has been researching psychological factors that affect symptom experience and adjusting to chronic conditions for the past 20 years. This research has been used to design cognitive behavioural interventions, including web based interventions, for a range of patient groups including multiple sclerosis (MS) and irritable bowel syndrome. RCTs to test the efficacy of these interventions form a key component of her research. Her work on MS was awarded the MS Society MS Research of the Year in 2013. In 2015 she was awarded the British Psychological Society Division of Health Psychology’s Outstanding Contribution to Research Award and the Institute of Psychiatry, Psychology and Neuroscience Supervisory Excellence Award.

**Professor Stefan Priebe,  
WHO Collaborating Centre for Mental Health Services Development; Queen Mary University of  
London**



Professor Stefan Priebe is head of the Unit for Social and Community Psychiatry, the only World Health Collaborating Centre with the specific task of mental health services development. The Unit has a significant track record in the implementation of complex interventions in NHS practices including research on doctor- patient communication, day hospitals, and financial incentives for medication, patient reported outcomes and non-verbal therapies.

**Professor Claas Lahmann,  
Professor of Psychosomatic Medicine, University of Munich/Germany**



Professor Claas Lahmann is a clinical specialist of psychosomatic medicine, he works and teaches at Department of Psychosomatic Medicine and Psychotherapy, University Hospital, Technical University of Munich, Germany. His research concentrates on somatoform disorders, pain, and body psychotherapy.

**Professor Gabriel Ivbijaro,  
Family Doctor, Waltham Forest, London UK, Visiting Professor Population Health, NOVA  
University, Lisbon, Portugal, President World Federation for Mental Health**



Professor Ivbijaro is a specialist in Primary Care Mental Health and mental health service re-design. He produced 'Integrating Mental Health Into Primary Care: a global perspective with WHO in 2008, has presented papers and original thinking on primary care mental health integration at many local and international conferences and has published a range of articles in peer reviewed journals. He recently edited a book entitled 'Companion to Primary Care Mental Health' an international collaboration of 110 authors from all continents of the world, published in 2012, to promote access to and delivery of primary care mental health globally which received a five star (100%) Doody's Review.

Professor Ivbijaro was the previous Chair of Waltham Forest CCG, chaired and completed the Case for Change for Mental Health for London, UK in 2011, has contributed to the Mental Health Service Pack in the European Union (EU) which advocates for the development of mental health services in all member states of the EU and his contribution to the UK National Health Service was recognised in 2012 when he was awarded an MBE (Member of the Order of the British Empire) by her Majesty the Queen and is an International Distinguished Fellow of the APA (American Psychiatric Association). He is the President of the World Dignity Project ([www.worlddignityproject.com](http://www.worlddignityproject.com)) to address stigma.

#### **Professor Frank Röhricht, East London NHS Foundation Trust, University of Essex**



Professor Frank Röhricht is Consultant Psychiatrist (MD, FRCPsych) and Associate Medical Director Research & Innovation at East London NHS Foundation Trust; Body Psychotherapist; Honorary Professor Centre for Psychoanalytic Studies, University of Essex and Honorary Professor of Psychiatry St. George's Medical School, University of Nicosia / Cyprus.

1983-1986 Training in integrative body psychotherapy in the Netherlands and Germany; since 1987 practicing and lecturing as body psychotherapist in various settings (individual and group therapy). Medical training and qualification between 1984 and 1989. MD completed in 1995 at Free University Berlin/Germany. Worked in Psychosomatic Medicine, Neurology and Psychiatry; 25 years of experience working as a doctor. 2000-2013 Clinical Director and since November 2013 Associate Medical Director for Research, Innovation & Service Development.

With several publications and through on-going research activities Frank is one of the leading researchers in the international field of Body Image Phenomenology and Body Psychotherapy in Mental Illness; other research: transcultural psychiatry; self-harm and long-term outcomes, service evaluation; Publication list and downloads: [www.frankrohricht.com](http://www.frankrohricht.com)

**Dr Phillip Moore, Chair Mental Health Commissioners Network (MHCN);  
General Practitioner and Deputy Chair of Kingston CCG**



Phil is a passionate General Practitioner committed to transforming the NHS through the opportunities afforded by the Health & Social Care Bill. He has held public roles in the NHS and beyond for many years.

Locally he has been a senior commissioner of health services for 25 years with a particular responsibility around mental health for the south-west of London. He is currently Deputy Chair of a south-west London Clinical Commissioning Group.

Phil works at NHS England as an appraisal and revalidation lead for GPs in South London. London-wide he is co-chair of the London Mental Health Strategic Clinical Network, a group that works in partnership to improve mental health outcomes that matter to Londoners. He coordinates the 32 GPs who work as the Clinical Commissioning Group mental health leads across London.

As Public Sector Director on South London Health Partnerships he retains a passion for seeing primary care facilities improved and is an active proponent for the transformation of primary care to meet the demands of the twenty-first century.

Nationally he is a board member of NHS Clinical Commissioners and chairs their Mental Health Commissioners Network. He was a member of the Mental Health Taskforce which, in February 2016, published the Five Year Forward View for Mental Health for the NHS in England. This national strategy, which covers care and support for all ages, is the first national strategic approach to improving mental health outcomes across the health and care system in England. He frequently speaks and chairs at national conferences.

Phil has a strong educational background being a GP trainer and honorary teaching fellow at Imperial College. He is a Visiting Fellow in Healthcare Management at the University of Surrey.

As a trustee and chair of a variety of charities and voluntary organisations, he extends his interests more widely.