



# 2021

Special Interest & Research  
Opportunities



## BARTS & THE ROYAL LONDON HIGHER PROFESSIONAL TRAINING SCHEME

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### General Adult & Old Age Psychiatry

**Training Programme Director**

Dr Sheraz Ahmad

Consultant Psychiatrist

Welcome



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## General Adult Psychiatry

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## Dr Dinesh Kumar

Consultant Psychiatrist



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☎ 0844 600 1283 (direct line)

✉ [Dinesh.Kumar@nelft.nhs.uk](mailto:Dinesh.Kumar@nelft.nhs.uk)

🚩 North East London NHS Foundation Trust, Havering Early Intervention Team

### Special Interest

Early Intervention in Psychosis.

### Research Opportunities

There will be opportunities to develop research methodology skills and/or contribute to existing research projects and support in getting publication in peer reviewed journals.

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## Dr Georgina Hawkes

Consultant Psychiatrist



☎ 0207 055 8400

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✉ [Georgina.Hawkes3@nhs.net](mailto:Georgina.Hawkes3@nhs.net)

🚩 Newham

### Special Interest

Special Interest Module in Adolescent Mental Health.

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## Dr Iain Pryde

Consultant Psychiatrist



☎ 0207 702 9202

☎ 07

✉ [Iain.Pryde@nhs.net](mailto:Iain.Pryde@nhs.net)

🚩 Tower Hamlets

### Special Interest

A St4-6 or SpR would be welcome to gain clinical experience in Assertive Outreach as a special interest.

### Research Opportunities

My own interest is in philosophy but as of right now I have no specific research projects to offer, though any trainee with an interest would be welcome to discuss. Audit opportunities could be made available.

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**Dr Jide Morakinyo**  
Consultant Psychiatrist



☎ 020

📞 07

✉ [jidemorakinyo@nhs.net](mailto:jidemorakinyo@nhs.net)

📍 City and Hackney ADHD Clinic, Vivien Cohen House, 2 Crozier Terrace, London E9 6AT

### Special Interest

Special interest sessions towards achieving expertise in the assessment and management, including pharmacological treatments of Adults with ADHD.

### Research Opportunities

Any trainee with an interest would be welcome to discuss research opportunities. QI opportunities could be made available.

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**Dr Nick Walsh**  
Consultant Psychiatrist



☎ 020

📞 07

✉ [nick.walsh1@nhs.net](mailto:nick.walsh1@nhs.net)

📍 Newham

### Special Interest

Special Interest in Acute Liaison as part of Newham RAID service at NUH.

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**Dr Olivier Andlauer & Dr Susham Gupta**  
Consultant Psychiatrists



☎ 0207 033 6100

📞 07

✉ [olivier.andlauer@nhs.net](mailto:olivier.andlauer@nhs.net)

✉ [susham.gupta@nhs.net](mailto:susham.gupta@nhs.net)

📍 City and Hackney Early Intervention in Psychosis (EQUIP/IES), Heads-Up/ARMS/ED service, Donald Winnicott Centre, Coate Street, London E2 9AG

### Special Interest

Support with assessment and learning around wide range of complex presentations in early intervention, as well as their management

Assessment and management of early detection service



### Research Opportunities

Support with Qi/Service Evaluation/Academic Interests/Research interests in this area

Support with Qi/Service Evaluation/Academic Interests/Research interests in this area

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#### Dr Peter Carter

Consultant Psychiatrist & Director of Medical Education NELFT & Honorary Senior Lecturer QMUL



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[Peter.Carter@nelft.nhs.uk](mailto:Peter.Carter@nelft.nhs.uk)

Early Intervention in Psychosis, Jane Atkinson health and Wellbeing Centre, 714 Forest Road London E17 3HP

### Special Interest

You would be able to gain a deeper understanding of EIP.

### Research Opportunities

You would be able to take on a case for family intervention in psychosis, working alongside an experienced psychologist as co-therapist and meet psychotherapy competencies for higher training

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#### Dr Rahul Bhattacharya

Consultant Psychiatrist



0208 121 5550



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[Rahul.bhattacharya@nhs.net](mailto:Rahul.bhattacharya@nhs.net)

Tower Hamlets Home Treatment, 3rd Floor Burdett House, Mile End Hospital

### Special Interest

1. Community /Home Treatment – 0.5 day or 1 day
2. Tower Hamlets Crisis Therapy Service (CTS or Previously CIS), brief dynamic therapy with supervision and crisis management- 0.5 day or 1 day on Tuesday or Thursday.
3. Involvement with ELFT MRCPsych course-
  - a. facilitating teaching of online module
  - b. Support development of Service user facilitated training videos
  - c. Identifying gaps (mapping across with the MRCPsych syllabus) in the MRCPsych training programme and developing solutions

### Research Opportunities

1. Research project: Developing Curriculum for Peer Support worker using learning from the ENRICH RCT and existing training programme
2. Research projects: - Outcome data analysis especially DIALOG and HoNOS
3. Research project- analysis of data around MHA detention and ethnicity (data collected between 2017-2018)

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### Dr Emmanuel Mandalakis

Consultant Psychiatrist & NELFT Guardian of Safe Working



☎ 0300 555 1030/0300 555 1201 ext 67979/ ext 65730,  
📠 07713 707 605

✉ [e.mandalakis@nhs.net](mailto:e.mandalakis@nhs.net)

📍 Barking and Dagenham Early Intervention Service, Barking and Dagenham, Barking Community Hospital, Upney Lane, Barking IG11 9LX

#### Special Interest

- 👤 Complete initial assessments on a bio-psycho social model of EIP, discussing the cases and formulating a plan
- 👤 Carrying out emergency work to persons with EIP in crisis
- 👤 Getting experience in trauma and interplay with psychosis
- 👤 Working with patients with dual or triple diagnosis within EIP and diagnostic ambiguity/management of this
- 👤 Develop and contribute to NCAP audit

#### Research Opportunities

Develop and carry out a research project on this group of patients under supervision; I have already finished one project on aggression

Regular Supervision is provided as well as support with exciting new research/audit projects.

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### Dr Robert Fisher

Consultant Psychiatrist



☎ 0208 601 7295  
📠 07

✉ [Robert.Fisher@nhs.net](mailto:Robert.Fisher@nhs.net)

📍 Tower Hamlets

#### Research Opportunities

Psycho education/group therapy with any interested ST4 invited.

Additionally, I am heading our audit group and I am particularly looking at physical health and psycho-pharmaceutical interventions.

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**Dr Sarah Dracass**  
Consultant Psychiatrist



☎ 020

📠 07

✉ [S.Dracass@nhs.net](mailto:S.Dracass@nhs.net)

📍 Tower Hamlets, Early Intervention

### Special Interest

Assessment and management of first episode psychosis with in the EIS paradigm.

Medical Management

### Research Opportunities

Service Evaluation - outcome measures

Quality Improvement

Public health and prevention strategies.

Service user and Carer engagement projects.

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**Dr Savitha Eranti**  
Consultant Psychiatrist



☎ 020 8522 8200/ 8201

📠 07

✉ [s.eranti@nhs.net](mailto:s.eranti@nhs.net)

📍 Newham Early Intervention Team, Unit 9 Stratford Office Village, 4 Romford Road, London E15 4EA

### Special Interest

We can offer special interest sessions in early detection

### Research Opportunities

‘Role of art therapy in Early Intervention’

‘Clinical outcome on discontinuation of antipsychotics in first episode acute psychoses.’

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**Dr Silvia Murguia Asensio**  
Consultant Psychiatrist



☎ 020

📠 07

 [Silvia.murguia@nhs.net](mailto:Silvia.murguia@nhs.net)

 Tower Hamlets, Early Detection Services, 51 Three Colts Lane, London E2 6BF

### **Special Interest**

The Tower Hamlets Early Detection Service is a unique and innovative service that has 9 yrs expertise in dealing with young people with incipient mental health difficulties.

This placement will give you the opportunity of assessing and designing early interventions not only for young people at risk of psychosis (ARMS) but also for those that present with early symptoms of mental illness.

This is a service that aims at addressing mental health at an early stage. Liaison with front line workers is paramount and design of social marketing strategies is part of the job

Special interest in assessment and diagnosis of adult autism without learning disabilities. This placement offers the opportunity to obtain clinical experience within an excellent and very skilled multidisciplinary team of speech and language therapist, social worker, occupational therapist, psychologist and psychiatrist.

Consultancy and support is offered to other services dealing with people with a diagnosis of autism spectrum disorders

Participation in Post diagnostic groups and carers groups

### **Research Opportunities**

Youth mental health and early signs of mental illness, including psychosis are currently in vogue. Wide opportunities for service evaluation and development of research projects are available at THEDS. We keep a detailed data set from the origins.

We are currently involved with Kings College in two research projects including cannabidiol oil and oxytocin.

There is a need of research among the young population as the government is now interested in preventive measures.

Developing knowledge on assessment and identification of female autism.

Public health and development of services for people with autism



## Social and Community Psychiatry / Rehabilitation

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**Dr Faiza Hassan**  
Consultant Psychiatrist



☎ 01442 913 569

📠 07

✉ [faiza.hassan5@nhs.net](mailto:faiza.hassan5@nhs.net)

📍 Bedford

**Special Interest**

Special interest sessions in the diagnosis and treatment of mental disorder in Adult working group in community settings

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**Dr Kirsten Ellis**  
Consultant Psychiatrist



☎ 01442 913 569

📠 07

✉ [Kirsten.ellis3@nhs.net](mailto:Kirsten.ellis3@nhs.net)

📍 Female Psychiatric Intensive Care and East London Criminal Justice Mental Health Team, Rosebank Ward

📍 City & Hackney Rehabilitation & Recovery Service, The Service is based at Primrose Square Resource Centre, 23 Primrose Square, London E9 7TS

**Special Interest**

Opportunity to attend Rosebank Ward once per week, providing medical input into the ward, reviewing patients (as required), supporting staff, contributing to care planning and management, and liaising with referring teams, and families.

**Research Opportunities**

Possibilities for audit, research, QI and management experience and teaching.

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**Dr Khadijah Hussain**  
Consultant Psychiatrist



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📠 07

✉ [Khadijahhussain@nhs.net](mailto:Khadijahhussain@nhs.net)

📍 B

**Special Interest**

Clinical

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## Research Opportunities

### Opportunities

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**Dr Sheraz Ahmad**

Consultant Psychiatrist & Training Programme Director



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07976763291



[sherazahmad@nhs.net](mailto:sherazahmad@nhs.net)

City & Hackney Rehabilitation & Recovery Service, The Service is based at Primrose Square Resource Centre, 23 Primrose Square, London E9 7TS

*Consultant Psychiatrist & Psychosexual Therapist, St Pancras Sexual Problems Clinic (Mondays only)*

*Training Programme Director Higher GA/OA Psychiatry Barts Royal London (N&E London)*

### Special Interest

Community Rehabilitation Team - Experience of working with treatment resistant psychosis and placement reviews

Psychosexual Therapy – based at St Pancras Hospital Sexual Problems Clinic

Medical education

### Research Opportunities

Community Rehabilitation – in particular looking at placement reviews and management experience with looking at housing panel, placement funding and working with commissioners

Service evaluation and quality improvement of community rehabilitation service Psychosexual Therapy

Medical education

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## Old Age Psychiatry



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### Dr Afifa Qazi

Consultant Psychiatrist



☎ 01277 695595

📱 07

✉ [Afifa.Qazi@nelft.nhs.uk](mailto:Afifa.Qazi@nelft.nhs.uk)

📍 Brentwood Community Hospital, Brentwood, Essex, CM13 2JU

#### Special Interest

Clinical: Dementia Crisis support team

Management: Shadowing Associate Medical Director

#### Research Opportunities

Opportunities to take part in a variety of research related activities including publications, poster presentations and QI project.

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### Dr Dewi Pritchard

Consultant Psychiatrist



☎ 0203 222 8500

📱 07

✉ [Dewi.pritchard1@nhs.net](mailto:Dewi.pritchard1@nhs.net)

📍 City & Hackney, Centre for Mental Health, Homerton Row

#### Special Interest

Experience of Old Age Psychiatry or the kind of multi-disciplinary community assessments that we offer. I'd be happy to supervise anyone wanting this kind of experience as from now.

Another possibility is Memory Clinic/ Diagnosis of Organic Disease.

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### Dr Joanna Rodda

Consultant Psychiatrist



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📱 07

✉ [Joanne.Rodda@nelft.nhs.uk](mailto:Joanne.Rodda@nelft.nhs.uk)

📍 Havering Older Adult Mental Health Memory Services

#### Research Opportunities

Writing a systematic review for publication on a topic related to old age psychiatry

Opportunities for small research projects within Old Age Psychiatry

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## Dr Juliette Brown

Consultant Psychiatrist



☎ 0208 821 0900

☎ 07535 530 546

✉ [JulietteBrown@nhs.net](mailto:JulietteBrown@nhs.net)

📍 CMHT for Older Adults, Newham, First Avenue Resource Centre, 103, First Avenue, London, E13 8AP

### Special Interest

Gain experience and skills in assessment and management of cases of older adults in CMHT.

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## Dr Mohan Bhat

Consultant Psychiatrist in Older Adults



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☎ 07

✉ [Mohan.BHat@nelft.nhs.uk](mailto:Mohan.BHat@nelft.nhs.uk)

📍 Stage Ward (older adults inpatient ward), Good Mayes Hospital

### Special Interest

Older Adult Psychiatry Inpatient Ward

### Research Opportunities

Managing BPSD in Dementia Patients, QI Projects on Inpatient Setting.

Training and Education of MDT Staff

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## Dr Nicholas Bass

Consultant Psychiatrist



☎ 020

☎ 07

✉ [n.bass@ucl.ac.uk](mailto:n.bass@ucl.ac.uk)

📍 Dementia Care Team, UCL Division of Psychiatry Molecular Psychiatry, Laboratory, Rockefeller Building, Gower Street, London, WC1E 6B

### Special Interest

Memory Clinic

### Research Opportunities

Genetics (young onset dementia, ID, schizophrenia, bipolar disorder and alcohol dependence syndrome)

Shared decision making in dementia

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**Dr Peter Bell**

Consultant Psychiatrist



☎ 0208 223 8848

📠 07

✉ [Peter.bell4@nhs.net](mailto:Peter.bell4@nhs.net)

📍 Tower Hamlets

**Special Interest**

Supervised experience working in Mental Healthcare for Elderly including Diagnostic Memory Clinic, Integrated Primary Care and Acute Hospital Liaison (elderly).

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**Dr Samir Shah**

Consultant Psychiatrist



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📠 07

✉ [Samir.Shah@nelft.nhs.uk](mailto:Samir.Shah@nelft.nhs.uk)

📍 Waltham Forest Diagnostic Memory Service

**Special Interest**

Older Adult Psychiatry Inpatient Ward

**Research Opportunities**

Gain clinical experience in diagnosis of a wide range of dementias. This would include transcultural presentations, neuropsychiatric assessment, neuro-psychometry and holistic assessment.

You would also have to option to learn how geriatric assessment, OT assessment and end of life care planning with the Palliative Care Team interacts with the Memory Service.

Training and Education of MDT Staff

**Research Opportunities**

We have a range of opportunity including 2 QI projects that have been made into conference poster presentations, consultation for a recent

Welcome Trust funded drama and will be hosting a trial for iCST in Learning Disability Patients. You would also have the opportunity to start projects of your own.

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## Child and Adolescent Psychiatry

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## Dr Helen Bruce

Associate Dean for ELFT Undergraduate Medical Education



☎ 0203 222 5600

☎ 07908 404444

✉ [helen.bruce5@nhs.net](mailto:helen.bruce5@nhs.net)

📍 Children and Young People's Centre, 15 Homerton Row, London E9 6ED

### Special Interest

Various teaching opportunities in Undergraduate Medical Education

### Research Opportunities

We have a range of ongoing opportunities to participate in existing projects in medical education.

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## Dr Liam Young

Consultant Psychiatrist



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✉ [Liam.Young@nelft.nhs.uk](mailto:Liam.Young@nelft.nhs.uk)

📍 Brookside Adolescent Unit, Good Mayes Hospital

### Research Opportunities

Develop an understanding and expertise in adolescent psychiatry, with specific focus on transition cases (ages 17+), develop expertise in early onset psychosis, neurodevelopmental disorders and post-traumatic stress disorder, including opportunities to deliver supervised therapeutic interventions.

The candidate would also be able to assist in the development of proposals for extending CAMHS services to 25 years old in line with NHS 'long terms plan' and participate and develop an understanding of service development / commissioning across Children and Young People's services in NELFT.

### Research Opportunities

Participate in RCT and be trained in a structured assessment tool – KSADS as part of a national RCT on comparison of Inpatient v Young Persons Home Treatment (IVY Study) run by Institute of Psychiatry.

To develop understanding / experience of research of service provision/ delivery and adolescent mental health.

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**Dr Manas Sarkar**  
Consultant Psychiatrist



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 [Manas.Sarkar@nelft.nhs.uk](mailto:Manas.Sarkar@nelft.nhs.uk)

 Havering CAMHS (Acorn Centre)

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### Research Opportunities

Neurodevelopmental Disorder and complex neurological/psychiatric presentations

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**Dr Priti Patel**  
Consultant Child & Adolescent Psychiatrist



020 7055 8400

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 [Priti.Patel11@nhs.net](mailto:Priti.Patel11@nhs.net)

 Newham CFCS

### Special Interest

Diagnosis and Treatment for children and adolescents with LD and Autism.

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**Dr Rafik Refaat**  
Consultant and Lead Clinician, Joint TPD for GOSH/RLH



020 7540 6789/ 6799

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 [Rafik.Refaat@nhs.net](mailto:Rafik.Refaat@nhs.net)

 CAMHS Higher Training Scheme, Coborn Centre for Adolescent Mental Health, Cherry Tree Way, Glen Road, London E13 8SP

### Special Interest

Adolescent Mental Health Problems/Disorders in a Tier 4 CAMHS (PICU, In & Day Patient)

Tourette's syndrome and complex Autism Spectrum Disorders in Adolescent as well as Complex PTSD in Adolescents Research.

### Research Opportunities

Impact of Psychological Trauma on Adolescents Brain Development"

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## Perinatal Psychiatry

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### Dr Anupama Yadava

Consultant Perinatal Psychiatrist



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☎ 07

✉ [Anupama.yadava@nelft.nhs.uk](mailto:Anupama.yadava@nelft.nhs.uk)

📍 Waltham Forest Perinatal Team

#### Special Interest

To gain essential skills in a variety of settings including community, obstetric-liaison clinics and Emergency settings. Opportunities for teaching and QI in PMH.

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### Dr Montserrat Fusté

Consultant Perinatal Psychiatrist



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✉ [montserrat.fuste@nelft.nhs.uk](mailto:montserrat.fuste@nelft.nhs.uk)

📍 Dagenham and Havering NELFT Perinatal Parent-Infant Mental Health Team, Good Mayes Hospital, Barley Lane, IG3 8XD

#### Special Interest

Regular clinics to be familiar with management of women with moderate/severe mental health disorder in the perinatal period including psychopharmacological approach.

Attend/run the joint psychiatric-Obstetric clinic

Opportunity to develop a QI project.

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### Dr Neha Rawat

Consultant Perinatal Psychiatrist



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☎ 07525 244584

✉ [neha.rawat@nelft.nhs.uk](mailto:neha.rawat@nelft.nhs.uk)

📍 Perinatal Parent Infant Mental Health Service, North East London NHS Foundation Trust, Mental Health Services, Good Mayes Hospital, Barley Lane, Good Mayes, Essex IG3 8XJ

#### Special Interest

There is an increasing acknowledgement that the assessment and management of perinatal mental illness requires specialised expertise, and you can contact the NELFT perinatal parent infant mental health service (PPIMHS) for a special interest day or session if you are interested in this area of psychiatry.

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Our patient group is defined by physiological state rather than pathology so the clinical work is truly general and varied. The PPIMHS service is unique in the UK as it is a fully integrated adult psychiatric and child psychotherapeutic service so you will have the opportunity to work in this multidisciplinary setting.

As perinatal mental health is a governmental priority, you will also have the chance to think about service development and the political context of this fascinating speciality.

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### Dr Nikolina Jovanovic & Dr Caroline Cleeve

Consultant Perinatal Psychiatrist



☎ 020 8121 5425

📠 07

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📍 Tower Hamlets Perinatal Psychiatry Service, Burdett House, 1<sup>st</sup> Floor, Mile End Hospital, 275 Bancroft Road, E1 4DG

#### Special Interest

Perinatal Psychiatry - The service offers integrated and evidence-based care for mothers and babies that begins before conception and goes through pregnancy, childbirth, and the postpartum period.

#### Research Opportunities

The team has been involved in an NIHR study about improving accessibility to perinatal services for women from ethnic minority groups.

Depending on the individual interest and available resources, higher trainees could take part in conducting systematic reviews, interviewing patients, writing up reports and papers, etc. This can be discussed and planned in advance.

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### Dr Olivia Protti & Dr Tara Lawn

Consultant Perinatal Psychiatrists



☎ 020 8510 8151/ 8420

📠 07

✉ [Olivia.Protti@nhs.net](mailto:Olivia.Protti@nhs.net)

✉ [t.lawn@nhs.net](mailto:t.lawn@nhs.net)

📍 East London Mother and Baby Unit, Hackney Centre for Mental Health, Homerton Row, Hackney, E9 6SR, East London Foundation Trust

#### Special Interest

Inpatient and community perinatal psychiatry - management and prevention of relapse in high risk women in the perinatal period, knowledge of preconception assessment and advice, prescribing psychotropic medication in pregnancy and breastfeeding & pre-birth planning.

#### Research Opportunities

The team are currently enrolled in a large multicentre trial funded by the Department of Health and trainees will be able to contribute to this project. Other research opportunities are also being explored.

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## Dr Sonia Sangha

Consultant Perinatal Psychiatrist



☎ 020

📠 0794 4875811

✉ [sonia.sangha@nhs.net](mailto:sonia.sangha@nhs.net)

📍 Luton and Bedfordshire Perinatal Service. The Lawns Resource Centre, Biggleswade, SG18 0GU

📍 Gilbert Hitchcock House, Kimbolton Rd, Bedford MK40 2NU

### Special Interest

The role would involve:

- attending the Multiple Disciplinary Team Meeting (MDT), which is currently on a Tuesday morning.
- shadowing nurses (on home visits) and the consultant psychiatrist (during out-patient clinics) which will enable the trainee to learn about assessing and monitoring women with severe and enduring mental disorders during the perinatal period as well as about giving pre-conception advice, support and counselling.
- having a small case load of patients and reviewing these both at home and in clinic and formulating management plans and completing risk assessments with appropriate support and supervision.
- liaising with other health professionals involved in the patient's care including members of the CMHT, GP, Health Visitor, Midwife, Obstetrician, Socials Services and any other secondary care services involved (e.g. drug and alcohol or eating disorder services), to share information about the patient and the management plan to ensure patients consistently receive high quality care.
- offering clinical advice and support to the perinatal team and other health professionals within and outside the trust.
- having 1 hour of supervision every two weeks to discuss complex cases but this would also be an opportunity for the trainee to complete work based place assessments, as well as receive teaching.
- opportunities to be involved in QI and audit.

### Research Opportunities

Multiple opportunities to do QI and audit given this service is new!

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## Liaison Psychiatry

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**Dr Ahmed Zadeh**  
Consultant Psychiatrist



☎ 01582 700227  
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✉ [ahmad.zadeh@nhs.net](mailto:ahmad.zadeh@nhs.net); [karen.weir3@nhs.net](mailto:karen.weir3@nhs.net);

🚩 Luton Liaison and Diversion Service

**Special Interest**

Experience of assessment and management of detained people or voluntary attendees in Luton courts and police custody

**Research Opportunities**

Current QI project to improve service users' feedback

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**Dr Andrew Winnett**  
Consultant Liaison Psychiatry



☎ 0300 555 121  
📠 07

✉ [nhs.uk](mailto:nhs.uk)

🚩 Whipps Cross University Hospital, Psychiatric Liaison Team

**Special Interest**

Assessment and management of older people with complex medical needs in the general hospital

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**Dr Chloe Beale**  
Consultant Liaison Psychiatrist and Trust Suicide Prevention Lead.



☎ 0208 510 8980  
📠 07

✉ [chloebeale@nhs.net](mailto:chloebeale@nhs.net)

🚩 Homerton University Hospital, Psychiatric Liaison Team

**Special Interest**

There are opportunities to be involved in trust-wide strategic work in suicide prevention, supervised by the ELFT suicide prevention lead. Various options are available depending on interest, including service development work, training design and delivery, audit and QIP, mortality reviews, strategy design and service evaluation. This is a good opportunity for motivated and enthusiastic trainees to gain meaningful experience in management and leadership.

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### Dr Gavin McKay

Consultant Liaison Psychiatry



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[gavin.mckay@nelft.nhs.net](mailto:gavin.mckay@nelft.nhs.net)

Psychiatric Liaison Team, Queens Hospital, Romford

#### Special Interest

- a) Adult liaison Psychiatry based at Queens Hospital (can be shared with old age liaison at same base)
- b) Training in medico legal report writing for civil cases

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### Dr Hugh Grant-Peterkin

Consultant Liaison Psychiatrist, Undergraduate Lead for City & Hackney



020 8510 5555 (ext: 8980)

07939 979 326

[hugh.grant-peterkin@nhs.net](mailto:hugh.grant-peterkin@nhs.net)

Homerton Psychological Medicine, Homerton University Hospital, Homerton Row, London, E9 6SR

#### Special Interest

Liaison Psychiatry – the team can offer adult, older adult or a mixture of both adult/older adult experience.

Based at the Homerton hospital the team covers medical, surgical (incl. bariatric surgery), neuro-rehab & perinatal cases. It does not cover CAMHS.

There is scope to be involved in QI, audit and other operational projects (e.g. developing pathways &/or guidance with medical colleagues) alongside gaining clinical experience.

The ST will have regular supervision with consultant liaison psychiatrist. Our preferred SI day is Monday, but we can accommodate all days

#### Research Opportunities

Interests in use of reflective/Balint groups for doctors' wellbeing and the role of the arts/humanities in medical education.

Do email if wish to discuss these areas.

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### Dr James Lee-Davey


Consultant Liaison Psychiatrist,



0203 594 6695



 [james.lee-davey@nhs.net](mailto:james.lee-davey@nhs.net)

 Royal London Hospital


### Special Interest

Liaison psychiatry in older adults. Assessment and management of older adults primarily on medical and surgical wards at RLH, but also opportunity to see patients in A&E and at St Barts.

### Dr Luca Polledri

Consultant Liaison Psychiatry



 0300 55 1251 (Psychiatric Liaison Team)

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 [luca.polledri@nelft.nhs.net](mailto:luca.polledri@nelft.nhs.net)

 Whipps Cross University Hospital

### Special Interest

Brief psychological intervention for Medically Unexplained Symptoms using an integrative psychological model. Usually 10 to 16 sessions under the supervision of a specialist clinical psychologist.

Liaison Psychiatry in adults

Teaching to doctors and allied professionals at WX, including Simulation training


### Research Opportunities

QI in MUS and Liaison Psychiatry

### Dr Peter Byrne


Consultant Liaison Psychiatrist



 020 594 6695

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 [peter.byrne@nhs.net](mailto:peter.byrne@nhs.net)

 Department of Psychological Medicine, Royal London Hospital: Tower Hamlets general adult directorate

### Special Interest

1. (Thursday AM) Psychiatry of Inflammatory Bowel Disease / Malnutrition.

Psychosocial assessment and treatment of Crohn's and ulcerative colitis patients with psychiatric comorbidity. Involves assessment, liaison within GI MDT of RLH, primary care and often local secondary MH services.

2. (Thursday PM - regular MDT on functional GI disorders (FGID) from 12.30.

Psychosocial assessment and treatment of a wide range of FGID with high levels of psychiatric comorbidity. Involves reading extensive medical histories (RLH is a fourth or fifth opinion) that

includes paediatric liaison (we run a quarterly transition clinic to see patients after their 18th birthday), collaborative history, liaison within GI MDT of RLH,

Primary care and often local secondary MH services.

### Research Opportunities

1. Colitis patients have access to specialised in-house CBT: we plan to evaluate impact in 2020-21.
2. We have submitted grant application to fund and evaluate an ACT (acceptance + commitment therapy) psychologist from late 2020.

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### Dr Simon Kirwin

Consultant Liaison Psychiatrist



☎ 020 594 6695

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✉ [simon.kirwin@nhs.net](mailto:simon.kirwin@nhs.net)

📍 Royal London Hospital

### Special Interest

Renal Psychological Medicine (Liaison psychiatry): Wed p.m. – chronic renal failure/pre-transplant/living donors/dialysis (clinic & wards)

Thurs p.m. – dialysis/post-transplant (clinic & wards)

RAMHP (Rough Sleepers Mental Health Team): Tuesdays

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### Dr Stephen O'Connor

Consultant in Old Age Liaison Psychiatry



☎ 0300 55 1251 (Psychiatric Liaison Team)

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✉ [Stephen.O'Connor@nelft.nhs.uk](mailto:Stephen.O'Connor@nelft.nhs.uk)

📍 NELFT, Queens Hospital, Romford

### Special Interest

1. Old Age Liaison Psychiatry (can be shared with Dr Gavin McKay)
2. Palliative Care Liaison Psychiatry (A mix of St Francis Hospice, Queens Hospital and Community depending on interest)
4. Quality Improvement – including project development, joining an existing project, access to training, opportunities to teach (depending on interest and previous experience)



## Forensic Psychiatry



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## Dr Emmanuel Okoro

Consultant Forensic Psychiatrist



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📠 07

✉ [Emmanuel.okoro@nelft.nhs.uk](mailto:Emmanuel.okoro@nelft.nhs.uk); Secretary - [Hilary.powell@nelft.nhs.uk](mailto:Hilary.powell@nelft.nhs.uk);

🚩 Morris Low Secure Forensic Unit

### Special Interest

To contribute to Morris Ward Low Secure Forensic Unit (Outstanding CQC) and Court Liaison & Diversion Service based at Redbridge Magistrates Court.

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## Dr Jeremy Berman

Consultant Forensic Psychiatrist,



☎ 0208 510 2424

📠 07

✉ [jeremy.berman@nhs.net](mailto:jeremy.berman@nhs.net)

🚩 John Howard Centre

### Special Interest

- 👤 Community forensic psychiatry
  - 👤 Prison assessments
  - 👤 Forensic liaison clinics
  - 👤 Structured risk assessments
  - 👤 Court report writing
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## Dr Paula Murphy

Consultant Forensic Psychiatrist,



☎ 0208 510 2432

📠 07

✉ [paulamurphy2@nhs.net](mailto:paulamurphy2@nhs.net)

🚩 Bow Ward, John Howard Centre

### Special Interest

Female Medium Secure Services.

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## Dr Warren Dunn

Consultant Forensic Psychiatrist,

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 [warren.dunn1@nhs.net](mailto:warren.dunn1@nhs.net)

 John Howard Centre

### **Special Interest**

High security hospitals, Schizophrenia

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## Substance Misuse/ Addiction Psychiatry

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## Dr Areti Pavlidou / Dr Deborah Zador

Consultant in Addictions



☎ 020

📞 07

✉ [Areti.pavlidou1@nhs.net](mailto:Areti.pavlidou1@nhs.net); [Deborah.zador@nhs.net](mailto:Deborah.zador@nhs.net);

🚩 RESET Drug & Alcohol Service

### Special Interest

Training and skills in assessment and management of problems in drug & alcohol misuse.

This includes differential diagnosis in people with substance misuse and other comorbidities opiates substitution titration, community-based opiates & alcohol detoxification, chronic pain addiction, alcohol community anti-craving pharmacotherapies, complex benzodiazepines addictions, dual diagnosis patients reviews, opportunities in teaching

### Research Opportunities

Clinical audits and QI projects

Service development

Dual diagnosis strategy implementation

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## Joanna Moncrieff

Consultant Psychiatrist



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📞 07

✉ [Joanna.moncrieff@nelft.nhs.uk](mailto:Joanna.moncrieff@nelft.nhs.uk)

🚩 R&D, Good Mayes Hospital

### Special Interest

To gain experience of reducing antipsychotic medication in patients with schizophrenia and psychosis

### Research Opportunities

The session provides the opportunity to be involved in a large grant funded trial, helping with screening, recruitment, contributing to team meetings, and implementation and monitoring of the antipsychotic reduction programme.



## Learning Disability Psychiatry

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## Dr Afia Ali

Honorary Consultant Psychiatrist and Associate Professor in intellectual disability



☎ 020

📞 07

✉ [afia.ali@nelft.nhs.uk](mailto:afia.ali@nelft.nhs.uk)

📍 Waltham Forest Learning Disability Service (NELFT), 30 Coleridge Road, Walthamstow, E17 6QU

### Special Interest

This option may be of interest to higher trainees in general psychiatry or CAMHS who wish to obtain experience in the assessment and management of patients with learning disability with comorbid autism, ADHD or mental illness. You will have the opportunity to manage your own (small) caseload of patients and take part in joint assessments with other members of the MDT.

### Research Opportunities

There will be opportunities to get involved with research projects at UCL, including an NIHR funded project on personalised treatment packages for adults with learning disabilities and aggression.

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## Dr Deirdre O'Brady

Consultant Psychiatrist in intellectual disability



☎ 020

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✉ [d.o'brady@nhs.net](mailto:d.o'brady@nhs.net)

📍 Community Learning Disability Team, Newham

### Special Interest

Special interest sessions in the diagnosis and treatment of mental disorder in people with learning disabilities in community settings

Special interest sessions in the diagnosis of autistic spectrum disorders, and specialist interventions for autism in the Tower Hamlets Autism Service

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## Dr Ian Hall

Consultant Psychiatrist in intellectual disability



☎ 020

📞 07

✉ [ian.hall4@nhs.net](mailto:ian.hall4@nhs.net)

📍 Hackney Learning Disability Team, City & Hackney

### Special Interest

**Dr Laura Checkley**

Consultant Psychiatrist in intellectual disability



☎ 020

📠 07

✉ [Laura.Checkley1@nhs.net](mailto:Laura.Checkley1@nhs.net)

📍 Hackney Learning Disability Team, City & Hackney Autism Service

**Special Interest**

Monday or Wednesday available. Education and training in the assessment and diagnosis of autism. Clinical supervision (from Dr Checkley)

**Research Opportunities**

There is the opportunity to participate in service evaluation and quality improvement work within the service

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**Dr Nicole Eady**

Consultant Psychiatrist in Intellectual Disability



☎ 020 7751 5500



✉ [Nicole.Eady2@nhs.net](mailto:Nicole.Eady2@nhs.net)

📍 Community Learning Disability Service, Beaumont House, Mile End Hospital, Bancroft Road, London E1 4DG

**Special Interest**

Higher trainee's are welcome to spend a period of time in the Tower Hamlet's Learning Disability Service. We can be flexible as to the day of the week and the length of the attachment. Trainees will gain additional expertise in the assessment and management of mental health difficulties in adults with Intellectual disability. The trainee can also gain experience in the diagnosis and management of comorbid Autism / ADHD in ID.

Whilst with the service there are opportunities to collaborate in a variety of quality improvement and service development projects within the service. Current projects include genetic testing and prescribing for behaviours which challenge.

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**Dr Shakeel Islam & Dr Sanjay Nelson**


Consultant Psychiatrist in intellectual disability



☎ 01234 310593

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 [shakeel.islam@nhs.net](mailto:shakeel.islam@nhs.net); [sanjaynelson@nhs.net](mailto:sanjaynelson@nhs.net)

 Autism Assessment Service, Twinwoods Clinical Resource Centre, Milton Road, Clapham, Bedfordshire, MK41 6AT

### **Special Interest**

Join and carry out Autism assessments once weekly AM or PM. Build skills in clinical interview, observing and delivering ADOS. Welcomed to join tem meeting on Thursdays to review referrals and care pathway the team delivers.

### **Research Opportunities**

Potential for QI and audit, management experience and teaching.

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## Psychotherapy

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## Dr Anastasia Apostolou

Consultant Psychotherapist



☎ 020 8221 6000

📱 07

✉ [Anastasia.Apostolou@nhs.net](mailto:Anastasia.Apostolou@nhs.net)

📍 Newham Secondary Psychotherapy Services, 409 High Street Stratford, E15 4QZ

### Special Interest

This department offers various types of treatment to the residents of the Newham area, who come from diverse local communities. We operate a STEP care model which has been developed over the last year and is implemented with success. This includes enrolment sessions, initial psychotherapy assessments, STEP 3 groups (like distress management and relationship skills) and finally a range of longer-term individual and group therapies.

You would be able to join the referrals meeting and learn more about the level of need of the patients that are referred; you will learn more about how to refer patients in the future as consultant psychiatrists.

You would be able to participate in all the above, join groups and assessments and then also do new assessments which you can discuss with clinical staff. You will have the opportunity to learn from very experienced staff about how decisions are made about which treatment modality patients are referred to; you will learn more about how this links with their psychic structures, current situations and their readiness for therapy, a wish for support or genuine change.

### Research Opportunities

Opportunities include seeing patients who are waiting for various types of individual and group therapies: Psychodynamic psychotherapy, Family/ Systemic therapy, Integrative therapy, Complex CBT and Complex Trauma therapy. All those therapies can offer you valuable clinical skills for the future.

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## Dr Angela McGilloway

Consultant Liaison Psychiatrist



☎ 020

📱 07

✉ [angela.mcgilloway@nhs.net](mailto:angela.mcgilloway@nhs.net)

📍 East London (Tower Hamlets), Psych Liaison, Royal London Hospital, Whitechapel E1 1B

### Special Interest

ECT at the Royal London Hospital servicing all three boroughs of East London (Hackney, Newham and Tower Hamlets).

Clinics are a Tuesday and Friday morning.

Special interest session in the practical administration of ECT and managing an ECT service. This would meet the current RCPsych competency criteria for STs

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**Dr Angharad Rutley**

Clinical Director, Consultant Liaison Psychiatrist



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✉ [a.ruttley@nhs.net](mailto:a.ruttley@nhs.net)

📍 Crisis Care Services, Luton and Bedfordshire

**Special Interest**

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**Dr Andrew Soutter**

Consultant Medical Psychotherapist



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📱 0777 613 4278

✉ [Andrew.soutter@nelft.nhs.uk](mailto:Andrew.soutter@nelft.nhs.uk)

📍 Waltham Forest or other NELFT borough psychological therapy services

**Special Interest**

To develop advanced skills in Psychodynamic psychotherapy treatment and assessment

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**Dr Maria Papanastassiou**

Consultant Psychiatrist and Group Analyst



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✉ [Maria.Papanastassiou@nelft.nhs.uk](mailto:Maria.Papanastassiou@nelft.nhs.uk)

📍 Brief Intervention Service, Waltham Forest, Wood House, London E17 3HP

**Special Interest**

The trainee will have the opportunity to establish and run a psychotherapy group under the supervision of Dr Papanastassiou, group analyst and a teacher / trainer at the Institute of Group Analysis.

OR run a Balint group under Dr Papanastassiou's supervision.

**Research Opportunities**

Group psychotherapy is ripe for opportunities of audit and research that the trainee could undertake.

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## Dr Tennyson Lee

Consultant Psychiatrist in Medical Psychotherapy



☎ 020 81215468

📱 07

✉ [tennyson.lee1@nhs.net](mailto:tennyson.lee1@nhs.net)

📍 DeanCross – Tower Hamlets Personality Disorder Service, 1st Floor Burdett House, Mile End Hospital, 275 Bancroft Road, London, E1 4DG

### Special Interest

DeanCross offers a unique experience working in a psychodynamic unit specialising in personality disorder.

It is a dedicated non forensic service for people with severe and moderate personality disorders.

The programme offers mainly Mentalization-Based Treatment (MBT), but also Transference-Focused Psychotherapy (TFP), both evidence based manualised treatments at the forefront of treatment of Borderline PD.

Activities: Depending on the ST's objectives, opportunities include taking part in the specialist assessment of patients referred to the service. We have recently opened a complex case clinic and this provides a valuable experience for trainees to hone their psychiatric and psychodynamic assessment skills.

### Research Opportunities

Research at DeanCross is performed in close liaison with Wolfson Institute of Preventative Medicine with Kam Bhui, Professor of Cultural Psychiatry & Epidemiology, being principal collaborator and advisor to our research.

Given our setting, our main focus is on projects contributing to evidence based interventions for PD. Trainees have successfully collaborated with us to date, presenting in 11 national or international conferences and publishing 5 peer reviewed papers. We have a number of projects at various stages from planning to implementation. If you have an interest in personality disorder research you would be welcome to request our annual report with list of publications, or to contact us for an informal meeting.



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## Dr Abdi Sanati

Consultant Psychiatrist



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📠 07

✉ [a.sanati@nhs.net](mailto:a.sanati@nhs.net)

📍 Newham

### Special Interest

Inpatient work (out of area patients and exposure to different Trusts).

Philosophy of Psychiatry and ethics

### Research Opportunities

Conceptual work in ethics and philosophy of psychiatry

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## Dr Amar Shah

Trustwide (Chief Quality Officer)



☎ 020

📠 07

✉ [amarshah@nhs.net](mailto:amarshah@nhs.net)

📍 Robert Dolan House, Trust Headquarters, 9 Alie Street

### Special Interest

Opportunity to be involved in a number of areas of Trustwide work:

- quality improvement (projects, evaluation or publication)
- quality assurance
- strategy and planning
- business intelligence and analytics
- understanding performance and performance management systems (contract performance, CQUIN, key performance indicators)

### Research Opportunities

Writing up quality improvement projects or evaluations

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## Dr Ania Korszun

TH/QMUL



☎ 020

📠 07

 [a@nhs.net](mailto:a@nhs.net)

 QMUL

### Special Interest

Educational portfolio development

Clinical: I can provide sessions in psycho-oncology


### Research Opportunities


There are several circumscribed research projects using existing data that could be undertaken in a short period of time and the results would be topical and publishable

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## Dr Charis Pandis

Consultant Psychiatrist

 0207 791 5200

 07879802965

 [charis.pandis@nhs.net](mailto:charis.pandis@nhs.net)

 Stepney & Wapping CMHT, 68 Glasshouse Fields, E1W 3AB

### Special Interest

ADHD Clinic





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## Prof Frank Röhricht


Consultant Psychiatrist, Body Psychotherapist & Medical Director for Research, Innovation & Medical Education,

Honorary Professor of Psychiatry, Queen Mary University of London

 0207 655 4000

 0777 335 2374

 [frank.rohricht@nhs.net](mailto:frank.rohricht@nhs.net)

 Robert Dolan House, Trust Headquarters, 9 Alie Street, London, E1 8DE

### Special Interest

Psychosis Therapy, Treatment resistant Disorders, Psychosomatic Medicine (Bodily Distress Disorder / MUS in particular).

Developing primary mental health care services including integrated MUS/BDS care pathways.

### Research Opportunities

Somatoform disorder / MUS services research project; evaluation of novel psychological intervention strategies in severe mental illness; Body Image phenomenology and Psychopathology.

Recovery model (evaluation of novel CMHT care); Service user led research; Large scale service evaluation projects.



### Dr Jude Ezeonwuka

Consultant Psychiatrist



☎ 0300 555 1201 EXT. 65769

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✉ [Jude.ezeonwuka@nelft.nhs.uk](mailto:Jude.ezeonwuka@nelft.nhs.uk)

📍 North East London NHS Foundation Trust, Titian ward – PICU, Sunflowers Court, Barley Lane, Ilford IG3 8XJ

#### Special Interest

To join the team at Titian Ward, the Psychiatric intensive care Unit.

- 👤 To gain experience in managing very acutely disturbed patients.
- 👤 Risk assessments & decisions to step-down patients to the Acute ward
- 👤 Experience at attending and carrying out Prison Assessments
- 👤 Experience about use of Forensic sections of the MHA.
- 👤 Obtaining Medico-Legal experience including – Writing of Court reports & in some cases attending & observing an Expert witness at the Crown court.

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### Dr Amjed Hossain

Consultant Psychiatrist



☎ 0300 555 1147 EXT. 65937

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✉ [Amjed.Hossain@nelft.nhs.uk](mailto:Amjed.Hossain@nelft.nhs.uk)

📍 Barking & Dagenham & Havering Home Treatment Team

#### Special Interest

To devise and run projects with the Chief Clinical Information Officer and IT department

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### Nana Owusu

NELFT Medical Education Manager



☎ 0300 55 1201 EXT. 67533

📱 07801 178940

✉ [Nana.Owusu@nelft.nhs.uk](mailto:Nana.Owusu@nelft.nhs.uk)

📍 NELFT, The West Wing, CEME Centre, Marsh Way, Rainham, Essex, RM13 8GQ

#### Special Interest

There are multiple projects in the simulation team and broader medical education department which would welcome regular trainee involvement.



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## Dr Peter MacRae

Consultant Psychiatrist



☎ 02085108011

📠 07971477212

✉ [peter.macrae@nhs.net](mailto:peter.macrae@nhs.net)

📍 Primary Care Liaison and the Crisis Pathway, City & Hackney, Donald Winnicott Centre, Coate Street, London E2 9AG

### Special Interest

Electronic Prescribing and Medicines Administration, Digital Development and Design processes

### Research Opportunities

Digital Development (QI and service design) project work may offer research opportunities

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## Dr Russell Razzaque

Consultant Psychiatrist



☎ 0300 555 1200 EXT. 66031

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✉ [Russell.Razzaque@nelft.nhs.uk](mailto:Russell.Razzaque@nelft.nhs.uk)

📍 North East London NHS Foundation Trust,

### Special Interest

Open Dialogue – establishing and working in one of the country's first Open Dialogue teams.  
Training available for all who work with us for special interest day.

As Director of Research, support for research and publishing in peer reviewed journals also available.

### Research Opportunities

Integration of psychological therapies into acute psychiatric care  
Open Dialogue  
Mindfulness for patients and clinicians  
Social models of care in Mental Health

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## Dr Teresa Borrell & Dr Papanastassiou

Consultant Psychiatrists



☎ 0300 555 1570 EXT. 68230

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✉ [Teresa.borrell@nelft.nhs.uk](mailto:Teresa.borrell@nelft.nhs.uk)

✉ [Maria.papanastassiou@nelft.nhs.uk](mailto:Maria.papanastassiou@nelft.nhs.uk)

🚩 North East London NHS Foundation Trust, NELFT wide Eating Disorders' Service, Wood House, Forest Road, London E17 3HP

### Special Interest

To gain expertise in assessing and treating eating disorders and to work alongside a very experienced multidisciplinary team of psychologists, dieticians, nurses and therapists.

### Research Opportunities

Research: opportunities for research projects in this team will be numerous as the psychology lead is a nationally renowned expert on eating disorders who also works at UCL and conducts many research projects as well as national conferences.

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## NELFT QI



✉ [QI@nelft.nhs.uk](mailto:QI@nelft.nhs.uk)

🚩 North East London NHS Foundation Trust

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## NELFT R&D



✉ [R&D@nelft.nhs.uk](mailto:R&D@nelft.nhs.uk)

🚩 North East London NHS Foundation Trust



## Research

For information regarding newly arising opportunities for participation in research projects or trust-wide service evaluation projects and/or for general advice on planning / conducting research you can contact Dr Karin Albani, Associate Director for Research.

General information is provided on ELTs website: <https://www.elft.nhs.uk/Research/Conducting-Research>