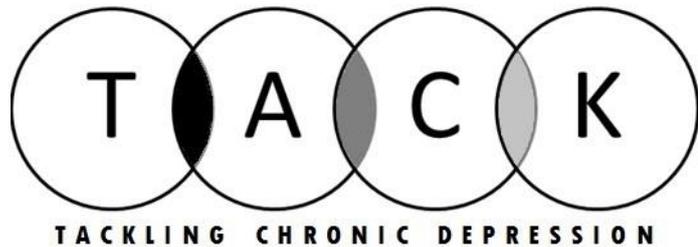


July 2017



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Welcome to the first newsletter for the TACK programme grant! We are now 4 months into the project and work is well underway on work packages 1 and 2.

The purpose of the newsletter is to update all the collaborators on the TACK project (co – applicants, expert members of the LEAP and PMG members) on the progress of the programme. I will aim to send a short newsletter once a month that summaries updates to the protocol, recruitment rates, and other important developments. If you would like anything included in the newsletter then please let me know.

## Substantial Amendment Individual Interviews

On 20th June 2017, the TACK research team submitted a substantial amendment to the Health Research Authority (HRA) in order to include two new recruitment sites (Oxford Health NHS Foundation Trust and 2gether NHS Foundation Trust) and to allow recruitment from primary care.

On 19th June 2017 we received HRA approval for this amendment.

This means we can now begin to recruit primary and secondary care clinicians from Oxford and Gloucester to complete the exploratory study aspect of Work Package 2.

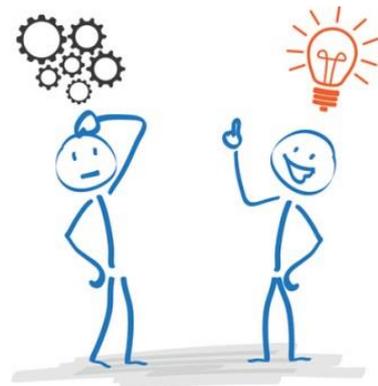
Both trusts have been very supportive of the project and we look forward to visiting them in person in the coming months.

As part of Work Package 2 (WP2) we have to conduct 10 individual interviews with clinical staff within ELFT to gain feedback on DIALOG+.

We have now recruited and conducted 4 of those interviews.

We are aiming to interview a range of clinicians and so far we have interviewed a GP, a psychiatrist, and 2 enhanced primary care nurses.

We will begin thematic analysis of this data once it has been transcribed.



## Public Engagement

Philip presented the DIALOG+ intervention at the ASK Forum on 15<sup>th</sup> June. ASK is a local community platform to share views and experiences of mental health related services in Newham. It is always good to do some local public engagement and get feedback about the intervention.

There was lots of interest in DIALOG+ and questions about how it will be delivered in ELFT in the future

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## QUICK STATS

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No. of clinicians recruited	4
No. of service users recruited	0

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### Website & Logo

We are currently in the midst of building the website for the TACK project.

Our current logo will be redesigned as part of this process. The website will be a central place to upload all information about the project (including these newsletters).

#### IMPORTANT FUTURE DATES:

9<sup>th</sup> August- Site visit to Sheffield Trust  
7<sup>th</sup> September- Site Visit to Oxford Health Trust  
8<sup>th</sup> September- LEAP Research Training Day  
9<sup>th</sup> November- PMG 2nd Meeting  
w/c 18<sup>th</sup> September- 1<sup>st</sup> service user workshop & Focus Group

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### Programme Oversight Committee Meetings

Over June and July we had two important programme oversight committee meetings. The independent steering committee met on the 6<sup>th</sup> June for the first time. Every member was able to attend and a productive discussion was had about the future direction of the project. The role of the steering committee is to provide overall supervision for a project on behalf of the Project Funder and ensure that the project is conducted to a rigorous standard.

The Programme Management Group met on the 6<sup>th</sup> July 2017 (this was their second meeting) and discussed the substantial amendment that had been submitted, how suitable primary care is for DIALOG+ and next year's feasibility trial.



(Some) of The TACK team (from left to right):

**Dr Victoria Bird**, Chief Investigator

**Dr Philip McNamee**, Programme Manager

**Megan Cassidy**, Research Assistant