Adult Choking Treatment Algorithm

Assess severity

Severe
airway obstruction
(ineffective cough)

- Unconscious
  - Start CPR

- Conscious
  - 5 back blows
  - 5 abdominal thrusts

Mild
airway obstruction
(effective cough)

- Encourage cough
  - Continue to check for deterioration to ineffective cough or until obstruction relieved

2010 Resuscitation Guidelines
Resuscitation Council (UK)